

## Deployment and Mobilization Readiness (DMR)

The DMR Program is designed to support active and reserve component Soldiers and their Families prior to and during periods of extended separation. Pre-planned Family assistance and support services ensure a comprehensive effort and coordinated assistance delivery system is in place prior to military operations.

The objective of DMR is to provide guidance and assistance to unit commanders, Soldiers and Family members in volunteer leadership positions and foster teamwork in Family Readiness Groups.

Find us on Facebook at:  
Fort Polk ACS—Deployment and Mobilization Readiness



## Free Child Care!

Free child care is provided for the classes hosted by Deployment and Mobilization Readiness (DMR).

Children must be registered with Fort Polk Child, Youth, and School Services (CYSS). The child's registration card must be shown when signing child in for care.

For more information or to register for classes, please call 531-7087.



Updated 11/05/2012

## Army Community Service Deployment & Mobilization Readiness (DMR)

### 2013 Class Calendar



7960 Mississippi Avenue  
Building 924  
Fort Polk, LA 71459  
337-531-7087

**2013**

## **Class Schedule**

*All classes are held in the FRC,  
BLDG 924, at the times noted.*

### ***FRG Leadership Training***

**0830-1430**

Jan 14-16      Apr 08-10  
Jul 08-10      Oct 07-09

### ***FRG Leader's Workshop***

**0830-1430**

Jan 30      Apr 24  
Jul 24      Oct 23

### ***POC Training***

**0830-1030**

Jan 17      Apr 11  
Jul 11      Oct 10

### ***FRG Treasurer Training***

**1030-1230**

Jan 17      Apr 11  
Jul 11      Oct 10

### ***Care Team Training***

**0830-1430**

Feb 5      June 18  
Sep 10      Dec 10

### ***Care Team Workshop***

**0830-1430**

Feb 26      Sep 24

Check us out on Facebook at:  
Fort Polk ACS—Deployment and  
Mobilization Readiness

**For more information or to  
register for classes  
please call 531-7087**



Students will receive resource materials and sample forms to assist them in becoming better prepared to participate and engage within the military community. They will also receive valuable insights and information, develop friendships and network with other volunteers and Family members within the community, and receive support from DMR and other ACS staff.

**DMR offers much more. Please come by our office and see what we have to offer.**

**We also offer the following classes on request:**

**Coping with Separation  
Gossip and Rumor Control  
Reunion Training  
Couple Reintegration Training  
Practical Readiness  
Rear Detachment Training  
FRSA Training**

