

Family Advocacy Program (FAP)

The Family Advocacy Program provides information and education on marriage, parenting, new parent support services, crisis intervention and victim advocacy services, to support Families and individuals and to enhance their coping skills.

Programs and Services

Victim Advocacy Program – Provides services to victims of domestic violence to include: Crisis intervention, options counseling, safety planning, legal advocacy, access to emergency transportation and relocation. For further information call **531-6333**.

New Parent Support Program – A program staffed with social workers and registered nurses that provide home visits, support groups, mentoring and role-modeling for parents with children ages three and under. For more information please call **531-7065**.

Baby Center – A program to provide necessities such as diapers, formula, wipes, cereal, and hygiene items for children 0-3 years to qualified families. See if you qualify; call **531-7065**.

Transitional Compensation – A congressionally mandated program, which authorizes temporary financial support and other benefits for Family members who are victims of child or spouse abuse. For more information you may call **531-0636**.

Dynamics of Family Violence for Troops and Command – The FAP staff is available for briefings to fulfill each unit's annual requirement. Call for a briefing at **531-0636**.

Family Advocacy Program 2013 Class Schedule

Updated 1/3/2013

1591 Bell Richard Avenue
Fort Polk, LA 71459

Phone: (337) 531-1938

Fax: (337) 531-2929

To report spouse or child abuse, call our Hope Line.
(337) 531-HOPE (4673)



Family Advocacy Program Class Schedule 2013

(Updated 1/3/2013)

Anger Management - A lunch hour workshop designed to define anger, its causes and effects and develop an anger management plan.

Class Time and Dates: Tuesdays: 1100-1230

08 Jan 12 Feb 12 Mar 16 Apr 14 May 11 June
13 Aug 10 Sept 08 Oct 12 Nov 10 Dec

Date Night/Parents Night Out - A night set aside to give married couple's an opportunity to enjoy each other's company. *FREE childcare.

Class Time and Dates: Fridays: 1800-2200

08 Feb 14 June (PNO) 20 Sept 13 Dec (PNO)

Infant Massage - A 3 week class that provides an opportunity for parents to learn the age old art of infant massage techniques used to aid in relaxation, bonding, and growth for infants ages three weeks to crawling. Limited to six babies and their parents/caregivers. *FREE childcare.

Class Time and Dates: Wednesdays: 0930-1130

02-16 Jan 06-20 Mar 01-15 May 07-21 Aug 02-16 Oct

Parenting with Love and Logic – Early childhood parenting made fun, by creating happy families and responsible children ages birth to six. Learn how to handle misbehavior without breaking a sweat by learning how to make children listen the first time, avoiding power struggles and taking the mayhem out of mornings. *FREE Childcare.

Class Time and Dates: Thursdays: 1800-2000

02-23 May 05-26 Sep

Play Morning - A two-hour program in which parents and children play together in a group setting. Activities include: story time, crafts, music and more. ~ NO REGISTRATION NECESSARY ~

Class Time and Dates: Every Tuesday: 0900-1100 except Holidays!

Practical Application of Intimate Relationship Skills (PAIRS) Class – A 4 week marriage education program for couples. The focus is on communication skills, dealing with conflict, understanding the “self”, intimacy and nurturing the couples bond. *FREE childcare.

Class Time and Dates: Thursdays in Jan. & Tuesdays in Nov.: 1800-2000

10-31 Jan 05-26 Nov

Saturday Workshop: 27 July, 0900-1500

Prevention and Relationship Enhancement Program (PREP) - A 4 week marriage education class for couples teaching communication and conflict resolution skills. *FREE childcare.

Class Time and Dates: Thursdays: 1800-2000

08-29 Aug

Saturday Workshop: 9 Mar, 0900-1500

Scream Free Marriage – A 3 week marriage education class for couples teaching how to GROW through conflict by learning to calm down, grow up, and get closer to your spouse. Learn how to develop an honest, intimate relationship that turns your common conflicts into a deeper, lifelong connection. *FREE childcare.

Class Time and Dates: Tuesdays: 1800-2200

07-21 May

Saturday Workshop: 14 Sept, 0900-1500

Scream Free Parenting- Move beyond the child-centered, technique based classes and focus on yourself: growing up and calming down. By staying both calm and connected with your children, you revolutionize your relationship by operating less out of your fears and more out of your highest principles. *FREE childcare.

Class Time and Dates: Fridays: 0900-1100

08-22 Feb

Tuesdays: 1800-2000

08-22 Oct

Saturday Workshop: 06 Apr, 0900-1500

Stress Management - A lunch-hour workshop that identifies stress, its symptoms, and causes. Ways to reduce stress along with valuable tips on time management, lifestyle changes, relaxation techniques, diet and exercise.

Class Time and Dates: Tuesdays: 1100-1230

22 Jan 26 Feb 26 Mar 23 Apr 28 May 25 June
27 Aug 24 Sep 22 Oct 26 Nov 17 Dec

Specialized Classes upon Request

Children Coping with Divorce
Coping with Deployment and Reunion
Dynamics of Family Violence
Holiday Stress
Crisis Intervention

***Victim Advocacy Program Volunteer Training**

28-30 January 06-08 May
26-28 August 03-05 December