

Family Advocacy Program (FAP)

The Family Advocacy Program provides information and education on marriage, parenting, new parent support services, crisis intervention and victim advocacy services, to support Families and individuals and to enhance their coping skills.

Programs and Services

Victim Advocacy Program

Provides services to victims of domestic violence to include: Crisis intervention, options counseling, safety planning, legal advocacy, access to emergency transportation and relocation.

For further information call **531-6333**.

New Parent Support Program

A program staffed with social workers and registered nurses that provide home visits, support groups, mentoring and role-modeling for parents with children ages three and under.

For more information call **531-7065**.

Baby Center

A program to provide necessities such as diapers, formula, wipes, cereal, and hygiene items for children 0-3 years to qualified families. For more information call **531-7065**.

Transitional Compensation

A congressionally mandated program, which authorizes temporary financial support and other benefits for Family members who are victims of child or spouse abuse.

For more information call **531-0636**.

Dynamics of Family Violence for Troops and Command

The FAP staff is available for briefings to fulfill each unit's annual requirement. Call for a briefing at **531-0636**.



2014

Updated 11/04/13

1591 Bell Richard Avenue

Fort Polk, LA 71459

Phone: (337) 531-1938

Fax: (337) 531-2929

To report spouse or child abuse,
call our Hope Line.

(337) 531-HOPE (4673)



Anger Management

A lunch hour workshop designed to define anger, its causes and effects and develop an anger management plan.

Class Time and Dates: Tuesdays: 1100-1230

14 Jan 11 Feb 11 Mar 15 Apr 13 May 10 June
08 July 12 Aug 09 Sept 07 Oct 18 Nov 09 Dec

Date Night (DN)/Parents Night Out(PNO)

A Date Night is a night set aside to give married couple's an opportunity to enjoy each other's company here at ACS, and our Parents Night Out offer you a chance to plan an event you would like to achieve.

Class Time and Dates: Fridays: 1800-2200

14 Feb (DN) June 20 (PNO)
19 Sept (DN) 12 Dec (PNO)

Infant Massage

A 3 week class that provides an opportunity for parents to learn the age old art of infant massage techniques used to aid in relaxation, bonding, and growth for infants ages three weeks to crawling. Limited to six babies and their parents/caregivers.

Class Time and Dates: Wednesdays: 0930-1130

05-19 Feb 02-16 April 04-18 June

Parenting with Love and Logic

Early childhood parenting made fun, by creating happy families and responsible children ages birth to six. Learn how to handle misbehavior without breaking a sweat by learning how to make children listen the first time, avoiding power struggles and taking the mayhem out of mornings.

Class Time and Dates: Thursdays: 1800-2000

01-22 May 04-25 Sep

Play Morning

A two-hour program in which parents and children play together in a group setting.

Activities include: story time, crafts, music and more.

~ NO REGISTRATION NECESSARY ~

Class Time and Dates: Every Tuesday: 0900-1100 except Holidays!

Practical Application of Intimate Relationship Skills (PAIRS)

A four weeks marriage education program for couples. The focus is on communication skills, dealing with conflict, understanding the "self", intimacy and nurturing the couples bond.

Class Time and Dates: Thursdays: 1800-2000

09-30 Jan 04-25 Nov

Saturday Workshop: 26 July, 0900-1500

Prevention and Relationship Enhancement Program (PREP)

A 4 week marriage education class for couples teaching communication and conflict resolution skills.

Class Time and Dates: Thursdays: 1800-2000

07-28 Aug

Saturday Workshop: 8 Mar, 0900-1500

Scream Free Marriage

A three week marriage education class for couples teaching how to grow through conflict by learning to calm down, grow up, and get closer to your spouse. Learn how to develop an honest, intimate relationship that turns your common conflicts into a deeper, lifelong connection.

Class Time and Dates: Tuesdays: 1800-2200

06-20 May

Saturday Workshop: 13 Sept, 0900-1500

Scream Free Parenting

Move beyond the child-centered, technique based classes and focus on yourself: growing up and calming down. By staying both calm and connected with your children, you revolutionize your relationship by operating less out of your fears and more out of your highest principles.

Class Time and Dates: Fridays: 0900-1100

07-21 Feb

Tuesdays: 1800-2000

07-21 Oct

Saturday Workshop: 12 Apr, 0900-1500

Stress Management

A lunch-hour workshop that identifies stress, its symptoms, and causes. Ways to reduce stress along with valuable tips on time management, lifestyle changes, relaxation techniques, diet and exercise.

Class Time and Dates: Tuesdays: 1100-1230

28 Jan 25 Feb 25 Mar 22 Apr 27 May 24 June

22 July 26 Aug 23 Sep 21 Oct 25 Nov 16 Dec

*Victim Advocacy Program Volunteer Training

Class Time and Dates: 0800-1630

27-29 January 05-07 May

25-27 August 08-10 December

Specialized Classes upon Request

Children Coping with Divorce
Coping with Deployment and Reunion
Dynamics of Family Violence
Holiday Stress
Crisis Intervention