



JOINT READINESS TRAINING CENTER AND FORT POLK RETIREE BULLETIN



VOLUME 1

AUGUST 2006

A LETTER FROM YOUR RETIREE COUNCIL CHAIRMAN

Dear Service Retirees and Spouses:

I hope that you are planning to come and be a part of the 31st Annual Retiree Appreciation Day (RAD) hosted by JRTC and Fort Polk on 21 October 2006.

Several changes were made to this year's event. This year, we will not have an opening ceremony at the Bayou Theater and the RAD "County Fair" activities will be located at the Family Readiness Center (FRC), Building 924, on the corner of Mississippi and Bellrichard Avenues. The FRC building has a large open area that will provide more room to mingle and easier access to the various stations.

Bayne Jones Army Community Hospital will provide two over the counter medicine classes at the Bayou Theater that day. Additional information about the classes is on page 9.

The 4/10 BCT (-) Dining Facility will provide a brunch from 1000-1300 at a cost of approximately \$4.10. Transportation will be provided to and from the dining facility.

The Retiree Appreciation Golf Tournament will be at Warrior Hills Golf Course on 20 October 2006. All golfers or those who just enjoy getting out and having fun should plan on participating.

For more information on RAD events, contact the Retirement Services Officer at (337) 531-0363.

Your retiree council always welcomes suggestions on how to better serve you.

"Retired Still Serving."

ALVA LARY
Colonel, AUS (Retired)
Chairman, Fort Polk
Retiree Council

FORT POLK'S 31ST ANNUAL RETIREE APPRECIATION DAY

County Fair - 21 October 2006, 0830-1400
Family Readiness Center, Bldg 924

Brunch - 4/10 BCT (-) Dining Facility
1000 - 1300 Hours, Cost \$4.10

Medical/Dental Services, Flu shots (if available), blood pressure checks, glaucoma checks, etc., Staff Judge Advocate will prepare wills, power of attorney, and provide legal advice, ID Cards, Vehicle/DBIDS Registration, Veteran services and associations, ACS, MWR, Hunting/Fishing information, special sales at AAFES/Commissary, and Golf Tournament at Warrior Hills on 20 October 2006.

MASTHEAD FOR RETIREE BULLETIN

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Editors: Jimmy D. Henry, Adjutant General, and Pam Irvin, Retirement Services Officer (RSO).

Frequency of Publication: At least once a year.

Distribution Scheme: This publication is mailed to all US Army retirees living in Louisiana and in nine counties of Southeast Texas, as well as retirees from all branches of service residing in a 40-mile radius of Fort Polk.

Statement to Retirees: It is extremely important that US Army retirees inform the Defense Finance and Accounting Service, US Military Retirement Pay, P. O. Box 7130, London, Kentucky 40742-7130 of any change of mailing address.

EDITOR'S NOTE: Articles in this bulletin do not necessarily reflect the position of the Department of the Army or Fort Polk. We do our best to ensure accuracy; some material was provided by the RSO.

The Retiree Bulletin is published by the Retirement Services Office, for the purpose of communicating with retired military personnel and their family members who reside in the state of Louisiana and Southeast Texas. It is intended to provide information of value and interest to you. We are here to help you with problems concerning your rights, benefits, and privileges. We welcome your comments or suggestions to assist us in providing a better service to you.

JIMMY D. HENRY
DHR/AG

NOTE FROM YOUR RETIREMENT SERVICES OFFICER

I cordially invite you and your family to attend the JRTC and Fort Polk's 31st Annual Retiree Appreciation Day on 21 October 2006. This year's event is planned with you in mind and to allow you the time and opportunity to take advantage of all services available. Please note unlike previous years, the County Fair activities and registration will begin at 0830 at the Family Readiness Center, Building 924. You will be able to obtain many services from the medical/dental staff, the Staff Judge Advocate (SJA), and other special activities that will be provided. I feel that you will find the activities that will be available both informative and enjoyable. It is our pleasure to recognize the efforts of the men and women who have made the United States military the outstanding active force that it is today. I thank you, the military retiree, for your dedication, contribution, and continued support. Also, this is a great opportunity to renew old acquaintances and meet new members of the retired community. Please make plans to attend. It is an honor to serve as your Retirement Services Officer.

If you need any assistance with retiree benefits, feel free to contact the undersigned or staff at (337) 531-0363, visit the website at www.jrtc-polk.army.mil, or you may write to AG Consolidated In/Out Processing, RSO, Bldg. 1830, 2030 14th Street, Suite 128, Fort Polk, LA 71459-5302. E-mail: rso@polk.army.mil. Please include your telephone number in your correspondence.

PAM IRVIN
Retirement Services Officer

ANNUAL SERGEANTS MAJOR SOCIAL

Dear Sergeants Major,

On behalf of the Sergeants Major Association located at Fort Polk, we would like to invite all Retired Command Sergeants Major and Sergeants Major to our Annual Sergeants Major Social on 20 October 2006 at 1830 at the Showboat Theater. The Showboat Theater is located on South Fort Polk off of Alabama Avenue next to the Sports America Club. You have served selflessly for many years and we want to thank you for all those honorable years of services to our Great Nation. Your experiences are still valuable to those who still continue to serve.

Please come out and share your experiences with the Fort Polk Sergeants Major Association. We know that your time is valuable; however, we encourage you to attend. The Sergeants Major Association will be sending out invitations in August 2006.

If you want to contact the Members of the Sergeants Major Association ahead of time for more information, call (337) 531-6699, (337)

531-1126, or (337) 531-2369. **Thanks again for all your service to our Great Nation.**

Earl R. Rice
Post Command Sergeant Major
President, Sergeants Major
Association

JOINT READINESS TRAINING CENTER AND FORT POLK WEB SITE

Visit the Joint Readiness Training Center and Fort Polk website at <http://www.jrtc-polk.army.mil> and learn more about available installation services and activities. On this home page you will find a special link to Retirement Services that will provide the latest information on retiree benefits and services.

PROVOST MARSHAL OFFICE FORT POLK INSTALLATION ACCESS

Contact Information:

MP Desk: (337) 531-COPS/(337) 531-2677
Provost Marshal: (337) 531-2332
Deputy Provost Marshal: (337) 531-2332
Operations Officer: (337) 531-1294
Operations Sergeant Major: (337) 531-1294
Vehicle/Weapons Registration: (337) 531-0380
Civilian Liaison: (337) 531-6812
Game Management: (337) 531-5222
Administration: (337) 531-4003

DBIDS Registration:

DBIDS is an identification system used to control access to Fort Polk. All military personnel, dependents, contractors, retirees, and vendors are required to register for DBIDS at Vehicle Registration or the Visitor Center at the main gate.

Privately Owned Weapons (POW):

Transport of POWs in vehicles onto and within the installation is subject to the following.

Firearms will be separated from ammunition and will be outside the immediate reach and inaccessible to the driver and all other occupants of the vehicle. At no time will firearms be transported under the driver's seat or in a console between the driver's and passenger's seat.

Vehicle registration is located in Bldg. 1830, Central In/Out Processing.

Hours of operation: Monday, Tuesday, Wednesday, and Thursday 0730-1630. Friday: 0730-1730

Motorcycle/Moped Safety Classes:

Motorcycle and moped operators must attend an approved motorcycle Rider's Safety Course in accordance with AR 385-55, and have in their possession the safety card issued for completing the course. This card will be needed for registration and operating. Contact the Post Safety Office (337) 531-1981 to find out dates and locations.

Cell Phone Usage on Post:

The use of Mobile Personal Electronic Devices while operating a motorized vehicle in motion on Fort Polk is strictly prohibited. Vehicle operators may operate Mobile Personal Electronic Devices only after the vehicle has been safely stopped and placed in park. This policy does not prevent a passenger in a motor vehicle from using a Mobile Personal Electronic Device while the vehicle is in motion.

MORALE, WELFARE, AND RECREATION (MWR) SERVICES

TOLEDO BEND RECREATION SITE

Toledo Bend is always a favorite destination for retirees, and you are welcome to enjoy one of the Army's best kept recreation sites. It is about 45 miles from Fort Polk on 26 acres of land.

Nestled in the scenic setting of Sabine Parish, this year-round recreation paradise offers the ideal location for nature lovers, offering camping, lodging, picnicking, hiking, swimming, boating, and fishing. The beach is open Thursday thru Monday with lifeguards on duty during the swimming season (Memorial Day weekend – Labor Day weekend). Also on site are picnic pavilions complete with tables and benches, barbecue grills, and playgrounds. A convenience store is available where cold beverages, sandwiches, snacks, ice, gas, and live/artificial bait can be purchased.

Twelve 2-bedroom mobile homes are available for rent. These comfortable accommodations are completely furnished and come with a fully equipped kitchen including a microwave, coffeepot, toaster, oven, pots, pans, and utensils. In addition, each unit has two full bathrooms, two bedrooms with two single beds in each room, and a sleeper sofa in the living room. All mobile homes have central heat and air conditioning. Each unit is also furnished with a color TV to keep you in touch with the rest of the world. The only items not provided are bed linens and towels.

Toledo Bend also offers 13 RV sites with water and electrical hookups, with a dump station located nearby. If pitching a tent is your idea of a great game, Toledo Bend is the place for you. Tent sites are available year round. Toledo Bend, the largest man-made reservoir in the South, has long been a haven for fishermen. The 186,000 acre lake has black bass, striped bass, Florida bass, catfish, bream, and white perch just waiting to bite. Try your luck and maybe you'll break the lake record for striped bass or large mouth bass. While your casting that line, why not participate in the Lunker Bass Program administered by the Sabine River Authority? You simply have to catch a bass; 10 lbs. or more, have it weighed on a certified scale, release it back into the lake, and you'll receive a free replica of the bass! For more info, call

Sabine River Authority at (318) 256-4114 or Toledo Bend Tourist Information Center at (800) 259-LAKE.

The boating facility has a double launch ramp and 10 bass boats, 10 pontoon boats, 2 bay boats, 10 paddle boats, 22 kayaks, and 6 canoes ready for checkout. For the safety of those wishing to rent one of our powered craft, a US Coast Guard Boater Safety Card is required. The boater safety card can be obtained through the Alligator Lake Recreation Center or Toledo Bend Recreation Center.

Hours of Operation: SUMMER March-October 0500-2100. WINTER November-March 0700-1700

For more information go to www.fortpolk.mwr.com. For reservations or safety card information, call (888) 718-9088.

ARMY FAMILY TEAM BUILDING

If you are interested in volunteering your time and knowledge, Army Family Team Building (AFTB) is the place to be. We welcome any military retiree to our organization. AFTB is a modular training program that is organized into three levels. The program is flexible and classes can be taught separately for a unit briefing or a Family Readiness Group (FRG) meeting. The following gives you information on each level:

Level I

Helps family members learn about the Army life and how to maneuver through daily challenges by discovering how to decipher Army acronyms, utilize community resources, attain better financial readiness, and understand the goal and impact of the Army mission.

Level II

Helps family members improve personal skills through the development and management in conjunction with the FRG, community agencies, or other military and civilian organizations.

Level III

Helps family members develop advanced leadership skills and enhances participants' organizational skills in the Army and civilian life.

AFTB is a training program that was developed by the Department of the Army, Community and Family Support Center to provide training opportunities, and a fundamental understanding of the Army community and culture for our Army families. The training leads to skills, abilities, and behaviors that prepare the Army family to move successfully in the future.

Fort Polk AFTB is a volunteer program. Volunteer instructors teach other family members about the military life style and available resources within our community. If you would like to help instruct or volunteer for AFTB at Fort Polk, please contact us for more information, (337) 531-6269/4306.

COMMISSARY NEWS

The Commissary gladly accepts special orders. For grocery items, allow four days lead time; meat products allow seven days lead time; and fruit and vegetable trays/baskets allow three days lead time.

The operating hours are:

Sunday.....	1000-1800
Monday.....	Closed
Tuesday.....	0930-2000
Wednesday.....	0930-2000
Thursday.....	0930-2000
Friday.....	0930-2000
Saturday.....	0900-2000

The Commissary will have a case lot sale on September 1st and 2nd. In October, the Commissary will have the annual Retiree Appreciation Day sale in conjunction with the other post activities.

Point of contact is Commissary Store Director, Fort Polk, LA (337) 531-2747.

AAFES NEWS

Today, young men and women throughout our country are beginning their journey in becoming professional Soldiers and Airmen. It is not an exaggeration to say these service members and their families depend on their exchange benefit for more than just tennis shoes and televisions. This is why the greater military community needs your support more than ever before. Approximately 71 percent of AAFES earnings are paid to the MWR programs. In the past 10 years, \$2.4 billion have been contributed by AAFES customers to these programs.

Please take time to visit your Fort Polk Main Exchange this week. I think you will find that shopping at your local Main Exchange will save you 20 percent on purchases. This is an addition to the tax free savings you will always enjoy combined with the AAFES "We'll Match It Program!"

When you go to the store please take the time to fill out a "Buddy List" form. This new effort delivers information regarding specials and sales, unique to this area, directly to your e-mail in-box. It gives you an easy way to communicate with your store manager. AAFES wants to serve you. We are all dedicated to meeting your unique needs, while ensuring that you receive the best value for your dollar. We look forward to seeing you back at the Fort Polk PX as we work together to strengthen the exchange benefit. Thanks for all you have done for our great country.

ID CARD FACILITY HOURS OF OPERATION

The Fort Polk ID Card Section is located at 2030 14th Street, in building 1830. Hours of operation are: Monday - Friday from 0730 to 1630 hours. Please ensure that you have all supporting

documents for changes that are made in DEERS. If you are traveling from a long distance or you are from out of state, please call beforehand if you have questions. The telephone numbers for information and/or assistance are (337) 531-1891/1430.

ARMY CAREER AND ALUMNI PROGRAM (ACAP)

Army retirees and their adult family members have lifetime eligibility to use ACAP services. Whether you are looking for a new career or just a part-time job, ACAP can help. We offer professional job assistance counseling, resume' assistance, and a myriad of automated tools to assist you in your job search. For more information, call (337) 531-1591 or come by our Fort Polk ACAP Center, Bldg. 2155 (16th Street and Alabama Avenue). You can even check out ACAP on the web at www.acap.army.mil. Hope to see you soon.

ACAP Hours of Operation are: Monday, Tuesday, Thursday and Friday: 0800-1630. Wednesday: 0900-1630 (except the fourth Wednesday is 0800-1130; closed for training that afternoon).

BAYNE-JONES ARMY COMMUNITY HOSPITAL (BJACH) NEWS AND HEALTH BENEFITS ISSUES

In an effort to provide quality healthcare for retirees, the National Defense Authorization Act for Fiscal Year 2001 created TRICARE for Life (TFL), a permanent program funded through the Department of Defense Medicare-Eligible Retiree Health Care Fund. This fund provides Medicare-wrap around coverage for TRICARE beneficiaries who are also entitled to Medicare.

Under this program, TFL beneficiaries receive their medical care through a civilian Primary Care doctor near their home, giving them tremendous freedom to access civilian health care with the continuity of care they need.

Access to the Military Treatment Facilities (MTF) direct care system is authorized, but not guaranteed, on a space-available basis. These “space available” appointments are no longer available at Bayne-Jones Army Community Hospital. BJACH’s Primary Care clinics have reached capacity for care within the MTF and must reserve these appointments for active duty and Prime patients.

TFL beneficiary care at BJACH will be limited to emergencies involving life, limb, or loss of eyesight and out-patient pharmacy services. TFL beneficiaries’ Primary Care Manager will be a civilian doctor who accepts Medicare as your primary insurer and TRICARE as the secondary provider.

To assist beneficiaries with this transition, BJACH’s Beneficiary Assistance Coordinators, Chris Stevenson and Vanessa Peake, can provide retirees with a detailed list of providers located close to their home and help with the transfer of care to the new civilian provider. BJACH’s Beneficiary Coordinators may be reached by calling (337) 531-3974 or (337) 531-3892 respectively and are available to answer questions and provide assistance with the transfer of care.

TRICARE Mail Order Pharmacy

With gas prices continuing to rise and hectic schedules, stopping by to pick up refill prescriptions at Bayne-Jones Army Community Hospital is not always convenient, especially if you live over 30 minutes or more away. One TRICARE benefit – Mail Order Pharmacy – eliminates unnecessary trips and may even be cheaper based on the distance and fuel costs. TRICARE’s Mail Order Pharmacy can be accessed via the BJACH website at www.bjach.polk.army.mil. The link is located on the left hand side of the page near the bottom. Prescriptions ordered through this site are delivered directly to your home address. Both refills and new prescriptions are available for a

minimal charge - \$3 for a generic prescription and \$9 for a name brand drug. Prescriptions filled through TRICARE’s Mail Order Pharmacy are for a 90-day supply. However, to use this service, beneficiaries cannot have any other prescription drug coverage. TRICARE’s Mail Order Pharmacy also carries medications that are not available on BJACH’s formulary. BJACH’s current formulary is available on the website. To access this listing, click on Clinical and then Pharmacy. Checking the formulary before turning in new prescriptions especially if it is for a new drug, may save you time, gas, and even some money.

Online refills

Enter your prescription refills via Bayne-Jones Army Community Hospital’s new refill website at www.bjach.polk.army.mil. The link is on the left side of the page. This site offers easy-to-follow instructions and allows beneficiaries up to 10 requests for refills at one time. Refills requested through the web site will be ready at the hospital outpatient pharmacy refill window in 48 hours. Refills can also be requested using the pharmacy refill line at (337) 531-3784. Beneficiaries no longer walk up to the pharmacy window to drop off refills. You must use either the refill line or request refills via the web site.

Retiree Appreciation Day “County Fair”

Fort Polk’s Medical Activity will offer a variety of health care services to retirees at the annual County Fair on Fort Polk Retiree Appreciation Day in October. Retirees will be asked to check in and present their ID card. If the Influenza Vaccine is available, flu shots will be given to those retirees who meet the health criteria. The pneumonia vaccine will be available for beneficiaries with high risk medical conditions. This is typically a one-time inoculation. Other services provided are:

- Breast exam information, physical, and occupational therapy.

- Blood pressure checks, information on HIV, nutrition care, and smoking cessation will be available.
- Hearing, glaucoma checks, and oral cancer screenings. An alcohol and drug abuse program counselor will be available to talk with retirees about substance abuse.
- A TRICARE representative and health benefits advisor will answer TRICARE questions.

The Bayne-Jones Army Community Hospital's pharmacy will be open from 0900 to 1600 to serve those members of the retiree community who need prescriptions filled.

SELF-CARE SKILLS PROGRAM FOCUSES ON GOOD HEALTH HABITS

To help promote self-care skills, Bayne-Jones Army Community offers a self-care program that focuses on the habits of healthy people. The classes, taught by BJACH health promotion staff and a pharmacist, are geared to increasing self-confidence, decreasing absenteeism and improving healthcare. Self-care gives patients an opportunity to treat minor illnesses without the inconvenience of making an appointment to see a doctor, and often decreases the risk of a minor problem becoming a major one.

It also provides participants quick and direct access to nursing staff for health care advice. In addition to the knowledge, participants will also receive a list of about 27 over-the-counter medications that will be available to them without a prescription from BJACH's refill pharmacy window.

Classes will be taught from 1000-1200 on the second and fourth Wednesday of each month. Pre-registration is required and class size is limited. To register, please call (337) 531-3255. Due to limited space and class length, we cannot permit children to attend. Additionally, classes will be conducted at the Bayou Theater during

the Retiree Appreciation Day on 21 October 2006 at 1000 and 1300.

BECOMING ELIGIBLE FOR MEDICARE? LEARN ABOUT TFL

When you become eligible for Medicare benefits, you also become eligible for TRICARE for Life (TFL) benefits. TFL is TRICARE's Medicare-wraparound coverage-meaning that for Medicare and TRICARE-covered services, Medicare pays first, and TRICARE pays second, covering your actual out-of-pocket costs.

If you are entitled to Medicare Part A due to age, disability or end-stage renal disease, you must also purchase Medicare Part B to continue your TRICARE coverage.

If you currently have only Medicare Part A, you may enroll in Medicare Part B during the General Enrollment Period (GEP), which runs from January 1st to March 31st each year. If you enroll in Part B during the GEP, coverage begins on July 1st of the year you enroll. For more information about enrolling in Medicare Part B call (800) 772-1213 (TTY/TDD: (800) 325-0778 for the hearing impaired) or visit SSA online at www.ssa.gov.

Updating DEERS Triggers TFL Eligibility

Becoming Medicare eligible is a status-changing event that requires you to update your records in the Defense Enrollment Eligibility Reporting System (DEERS) database. Doing so will trigger your eligibility for TFL.

What TFL Covers

Here's how TRICARE and Medicare work together:

- For services covered by both Medicare and TRICARE, Medicare pays first and TRICARE pays second.
- For services covered by TRICARE but not Medicare, Medicare pays nothing. TRICARE pays its portion and you are

responsible for the applicable TRICARE deductible and cost-shares.

- For services covered by Medicare but not TRICARE, Medicare is the first payer, TRICARE pays nothing and you are responsible for the Medicare deductible and cost-shares.
- For services not covered by Medicare or TRICARE, you are responsible for the entire bill.

Accessing Care

You may visit any Medicare-authorized provider who accepts Medicare. Check with your regional contractor to see if your provider is also TRICARE-authorized/certified or visit the TRICARE provider directory at www.tricare.osd.mil/ProviderDirectory.

Claims and Customer Service

Once you transition to TFL, Wisconsin Physicians Service-TRICARE for Life (WPS-TFL) becomes your new point of contact for assistance. Your provider will file claims with Medicare. Medicare will pay its portion and then forward the claim directly to WPS-TFL for secondary payment. Then WPS-TFL will reimburse the provider.

If you also have other health insurance (OHI), Medicare pays first and forwards the claim to the OHI company, which pays second. In these instances, you will need to file a paper claim (DD Form 2642, available online at www.tricare.osd.mil/claims) with WPS-TFL (P.O. Box 7890, Madison, WI 53707-7890).

TRICARE RETIREE DENTAL PROGRAM'S IMPROVED IVR AND WEB SITE ENHANCED CUSTOMER SERVICE

New automated telephone services and an improved, easy-to-use website provide both visitors and enrollees with complete, comprehensive information about the TRICARE Retiree Dental Program (TRDP). Automated

features added to the redesigned Interactive Voice Response telephone system, or "IVR", include the ability to request a list of dentists in a specific area, including specialists, be faxed or mailed. Callers can also get a complete breakdown of TRDP covered services, including time limitations; streamlined navigation through the automated telephone system makes it easier than ever for TRDP enrollees to obtain such information as their eligibility; status of a claim, maximum used to date and remaining deductible amount. The IVR at **(888) 838-8737** is available for automated services 24 hours a day, seven days a week. Callers who wish to speak directly to a customer service associate can dial the IVR Monday through Friday during the hours of 0600-1800 PST. Those with Internet capability can log on to the TRDP's dedicated, customer-friendly web site at www.trdp.org and take a "virtual tour" of the program.

AFRC ACCOMMODATIONS

The Armed Forces Recreation Centers (AFRC) provides luxurious accommodations at very affordable prices in some of the world's top vacation destinations. At the Army's website, www.armymwr.com/portal/travel/recreationcenters/tips.asp you can obtain tips for planning your next vacation at an AFRC plus site descriptions, phone numbers, rate information and eligibility of use for the AFRCs throughout the world.

NEW RECRUITING INITIATIVE "GRAND" FOR RETIRED SOLDIERS

The Army has expanded to retired Soldiers eligibility for a \$1,000 recruiting referral bonus. This newest recruiting incentive pays retired Soldiers a \$1,000 lump sum for referring applicants who enlist, complete basic training, and graduate individual advanced training.

The Secretary of the Army is granted the authority to pay a bonus to any individual who refers to an Army recruiter a person who has not

previously served in the Armed Forces and enlists in the Active Army, Army National Guard, or the Army Reserves. The referral may not be an immediate family member and the Retired Soldier referring may not be serving in a recruiting assignment or as a Junior ROTC instructor.

Army Retirees includes Active Army Retirees and Army Reserve Component Retirees including Reserve members who have transferred to the Retired Reserve but who have not yet reached 60 years of age. Since the \$1,000 referral bonus for currently serving Soldiers was initiated in January, the referral website has received more than 5 million hits, resulting in approximately 5,000 referrals, 500 contracts, and 100 recruits who have begun training. For more information about this pilot incentive program, retirees should call 1-800-223-3735 extension 6-0473, go to www.usarec.army.mil/smart or contact their local Retiree Services Office.

**SBP OPEN SEASON ENDS
30 SEPTEMBER 2006**

Survivor Benefit Plan (SBP) open enrollment period ends 30 September 2006. Visit the special open enrollment section website at <http://www.armyg1.army.mil/retire> or contact the Retirement Services Officer at (337) 531-0363/0402 for more information.

Retired Soldiers who are not participating in SBP and those who are covering less than full retired pay as a base amount or elected child only coverage have the opportunity to make an election.

**RETIREE APPRECIATION DAY
ACCOMMODATIONS**

Retirees who desire overnight accommodations can make their own reservations at the following locations. Local Inns/Motels include:

Magnolia House, (337) 531-9200/9237, Fort Polk, LA. Reconfirm 2 days prior to arrival

Landmark Hotel, (337) 239-7571/238-2854, Hwy 171 South, Leesville, LA

Country Inn, (337) 238-3506/800-256-2210, Hwy 171 South, Leesville, LA

Days Inn, (337) 239-2612/800-329-7466, Hwy 171 South, Leesville, LA

Sandman Travel Inn, (337) 239-0950, Hwy 171 South, Leesville, LA

Best Western Stagecoach Inn, (337) 392-1672, 1200 North 6th Street, Leesville, LA

DeRidder Inn, (337) 462-3665, 1213 North Pine Street, DeRidder, LA

Red Carpet Inn, (337) 463-8605, 806 North Pine Street, DeRidder, LA

Skippers Motel, (337) 463-4421, 740 North Pine Street, DeRidder, LA

Stagecoach Inn, (337) 462-0022, 505 E 1st St., DeRidder, LA

Toledo Bend Army Recreation Site, (888) 718-9088 (Mobile Homes & RV Sites for rent)

**FORT POLK OFFICERS' SPOUSES' CLUB
ANNUAL ARTS AND CRAFTS FAIR**

Saturday

21 October 2006

0900-1700

Youth Sports Gym

Bldg 2070, 16th Street

Over 50 vendors with a variety of crafts

Open to the public

Guests should use Main Entrance at

Visitor's Center

