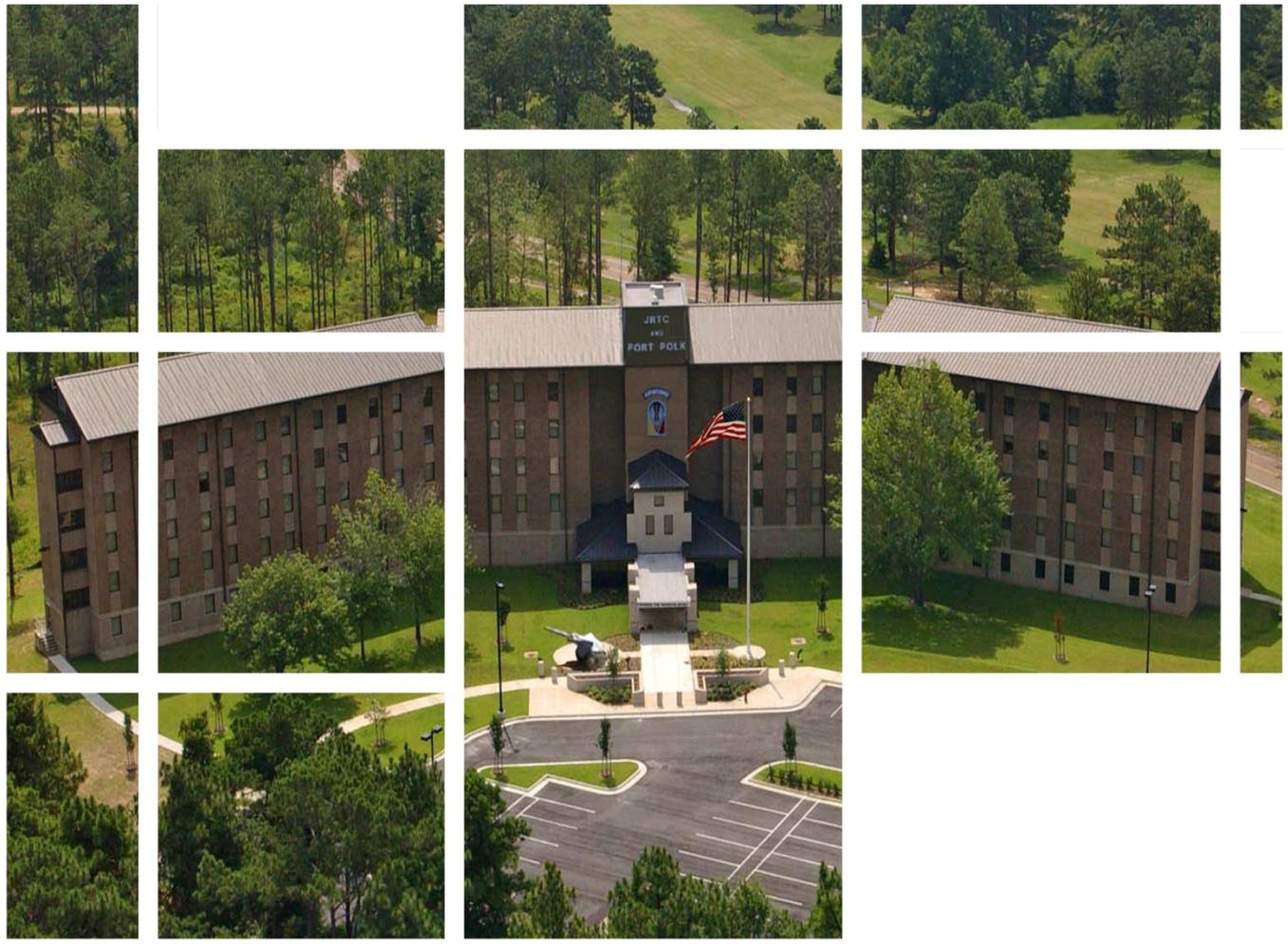




FORT POLK

ORIENTATION GUIDE



WELCOME TO
JRTC & FORT POLK

"HOME OF HEROES"





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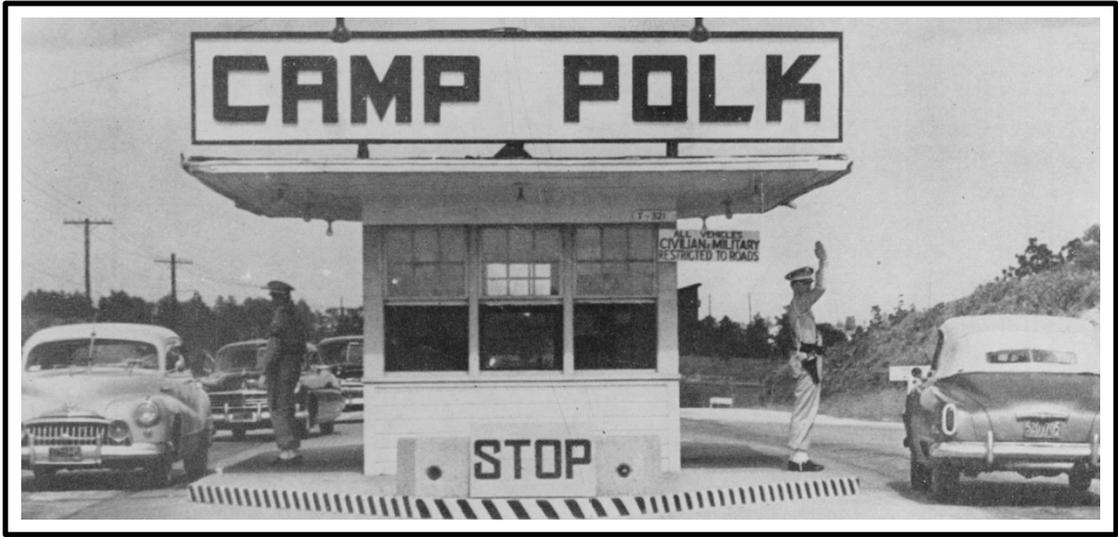
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FORT POLK HISTORY



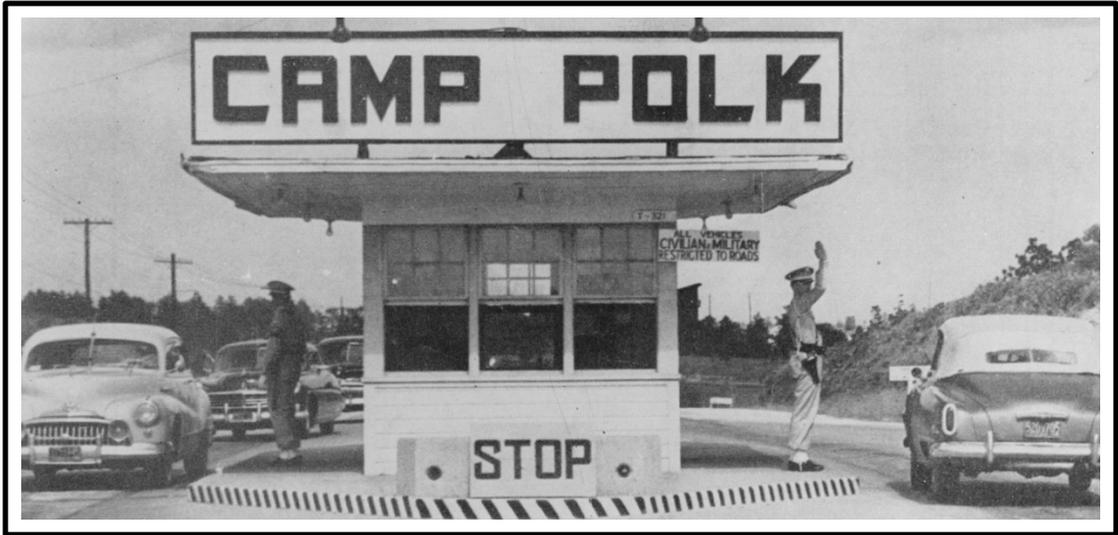
Camp Polk was established on January 10, 1941, in accordance with War Department GO #1, and named in honor of the Right Reverend Leonidas Polk, the first Episcopal Bishop of the Diocese of Louisiana and a Confederate General. Thousands of Soldiers learned the basics of combat here during the World War II Louisiana Maneuvers. Forty-eight of the Army's 91 divisions of the Second World War trained at Camp Polk. Generals such as Eisenhower, Patton, Bradley, and Marshall learned many lessons during the Maneuvers that were critical to their success in defeating the Axis powers.

The post closed in 1946 and re-opened in 1950 in support of the Korean War, closing again in 1954. The installation re-opened in 1955 as Fort Polk in support of Operation Sagebrush, the largest Army maneuvers since 1941. In June of 1959, Fort Polk shut down completely. But, in 1961, Fort Polk once again reopened, this time as an Infantry Training Center. During the Vietnam War, Fort Polk was the Army's largest infantry training center and became renowned as "Tiger Land" for its realistic Vietnamese-style training villages. More than one million Soldiers trained at Fort Polk during the Vietnam War.

The 5th Infantry Division (Mechanized) replaced the Infantry Training center in 1975, as the Army's mission switched from light infantry to mechanized warfare. The 5th ID Soldiers formed the nucleus of the task force sent to Panama for Operation Just Cause in 1989-90. As the Army's mission again changed from using heavy mechanized to lighter formations, the 5th ID inactivated in 1992, and the 2d Armored Cavalry Regiment (2d ACR) took its place. The 2d ACR deployed to the Balkans and Iraq during its tenure at Fort Polk.



FORT POLK HISTORY



On March 12, 1993, Fort Polk officially became the home of the Joint Readiness Training Center, which relocated from Fort Chaffee, Arkansas.

Re-organizations in 2004 mandated that the 2d ACR depart and the 4th Brigade, 10th Mountain Division be stationed at Fort Polk on January 19, 2005. Since then, the 1st Maneuver Enhancement Brigade have activated at Fort Polk to facilitate the deployment of modular, self-sustaining brigades. The Soldiers of these units have been called to serve around the world, deploying to Operations Enduring Freedom, Iraqi Freedom, and New Dawn in missions that embraced medical, military police, engineer, and other support roles in addition to combat missions.

Fort Polk is a unique and one of a kind installation that continues to support the Nation's most critical missions. The installation is also home to the 1st Maneuver Enhancement Brigade (MEB) which contains several combat support units. The Joint Readiness Training Center Operations Group provides rigorous, realistic, and relevant training for Soldiers deploying to Afghanistan and prepares units for future operations throughout the world. US Army Garrison and Medical and Dental commands also support the installation.

Throughout its history, Fort Polk has answered the Nation's call to train its Soldiers for their missions throughout the world and will continue to uphold the legacy of missions accomplished and lives saved.



THINGS TO DO



LEESVILLE

Gallery 111

111 S 3rd St, Leesville, LA 71446
(337) 208-1762

Louisiana Lanes Fun Center

1405 South 4th Street
Leesville, LA 71446
(337) 238-2615

Museum of West Louisiana

803 S 3rd St, Leesville, LA 71446
(337) 239-0927

Skate Palace

12154 Lake Charles Hwy
Leesville, LA 71446
(337) 238-9569

The Joseph Sisters Gallery

303 East Texas St
Leesville, La, 71446
(337) 378-5055

UA Lee Hills 6

Movie Info:(337) 537-1730
Leesville, LA 71446
Fri-Sat 1915 Sun 1600

ALEXANDRIA

Alexandria Mall

3437 Masonic Drive
Alexandria, LA 71301
(318) 448-0227

Alexandria Museum of Art

933 Second Street
Alexandria, LA 71301
(318) 443-3458

Alexandria Zoo

3016 Masonic Drive
Alexandria, LA 71301
(318) 473-1143

Four Seasons Bowling Center

3510 North Boulevard
Alexandria, LA 71301
(318) 445-2695

River Oaks Square Art Center

1330 Main Street
Alexandria, LA 71301
(318) 473-2670

Slinkee's

3437 Masonic Drive
Alexandria, LA 71301
(318) 448-0227

The Grand Theatre

2039 North Mall Drive
Alexandria, LA 71301
(318) 448-7108

LAKE CHARLES

Cinemark Lake Charles

548 West Prien Lake Road
Lake Charles, LA 70601
(337) 562-0053

Petro Bowl

630 Petro Point Drive
Lake Charles
(337) 477-7554

Prien Lake Mall

496 West Prien Lake Road
Lake Charles - (337) 477-7487

Sports Center USA

2727 Gertsner Memorial Dr
Lake Charles, LA 70601
(337) 477-3358

UA Lake Charles Stadium 10

3416 Derek Drive
Lake Charles, LA 70601
(337) 477-0115



HOTELS & MOTELS

LEESVILLE, LA

Best Western Stagecoach Inn

1200 North 6th Street
Leesville, LA 71446-2806
Phone: (337) 392-1672

The Booker – Lewis House

106 East North Street
Leesville, LA 71446
Phone: (800) 726-7090
Fax: (337) 239-8142

Comfort Suites

11498 Lake Charles Highway
Leesville, LA, US, 71446
Phone: (337) 404-3890
Fax: (337) 239-1934

Country Inns

3020 Colony Blvd Hwy 171
Leesville, LA 71446
Phone: (337) 238-3506
Fax: (337) 238-1246

Days Inn

1910 South 5th Street
Leesville, LA 71446
Phone: (337) 239-2612
Fax: (337) 238-5655

Hampton Inn

136 Express Boulevard
Leesville, LA 71446
Phone: (337) 239-2929

Holiday Inn Express

122 Express Blvd
Leesville, LA 71446
Phone: (337) 239-2122

Landmark Hotel of Leesville

3080 Colony Blvd., Highway 171 South
P.O. Box 1570, Leesville, LA 71446
Phone: (337) 239-7571
Fax: (337) 238-5016

La Quinta Inn & Suites

1308 Entrance Road
Leesville, LA 71446
Phone: (337) 537-8200

Super 8

1808 South 5th St
Leesville, LA 71446
Phone: 337-238-7860
Fax: 337-404-3951





HOTELS & MOTELS

DERIDDER, LA

Americas Best Value Inn

1715 North Pine Street

DeRidder, LA 70634

Phone: (800) 315-2378

Best Western Plus

1055 North Pine Street

DeRidder, LA 70634

Phone: (337) 460-2066

Best Western Stagecoach INN

505 East 1st Street

DeRidder, LA 70634

Phone (337) 462-0022

Country Inn Radisson Hotel

1213 North Pine Street

DeRidder, LA 70634

Phone: (800) 830-5222





HOTELS & MOTELS

ALEXANDRIA, LA

Alexander Fulton Hotel

701 4th Street

Alexandria, LA 71301

Phone: (318) 442-9000 ()

Baymont Inn and Sai

Convention Center

2301 North MacArthur Drive

Alexandria, LA - 71303

Phone: (318) 619-3300

Fax: (318) 542-4429

Email Hotel:

baymontalex@bellsouth.net

Email Convention Center:

baymontsai@bellsouth.net

Best Western Suites &

Conference Center

2720 N MacArthur Drive

Alexandria, La 71303-4227, US

Phone: (318) 445-5530

Fax: (318) 445-8496

Clarion Hotels

2716 North MacArthur Drive

Alexandria, LA 71303

Phone: (318) 487-4261

Comfort Inn

2001 Bolton Avenue

Alexandria, LA, US, 71303

Phone: (318) 484-9155

Fax: (318) 484-9103

Courtyard Alexandria

3830 Alexandria Mall Drive

Alexandria, LA 71302-3333

Phone: (318) 445-2415

Days Inn

1146 MacArthur Drive

Alexandria, LA 71303-3122

Phone: (318) 443-1841

Fax: (318) 448-4845

Econo Lodge Inn & Suites

2716 McArthur Drive

Alexandria, LA, US, 71303

Phone: (318) 487-4261

Fax: (318) 880-0111

Hampton Inn

6124 West Calhoun Drive

Alexandria, LA 71303-5067

Phone: (318) 445-4449

Fax: (318) 445-4475

Holiday Inn Alexandria

Convention Center

701 4th Street

Alexandria, LA, 71301-8431

Phone: (318) 442-0509

Fax: (318) 442-9007

Holiday Inn Express

2340 Macarthur Drive

Alexandria, LA 71303

Phone: (318) 487-9898

Fax: (318) 487-9811

La Quinta Inn & Suites

6116 West Calhoun Drive

Alexandria, LA 71303

Phone: 1-318-442-3700

Fax: 1-318-442-0870

Pac England Hotel

1321 Chappie James Avenue

Alexandria, LA 71303

Phone: (318) 445-7574

Email: parcengland.com

Radisson Hotel Historic Bentley

200 DeSoto Street

Alexandria, LA 71301

Phone: (888) 488-9600

Fax: (318) 488-0683

Ramada Inn

742 Macarthur Drive

Alexandria, LA 71303

Phone: (318) 448-1611

Fax: (318) 473-2984

Quality Inn

3010 MacArthur Drive

Alexandria, LA, US, 71303

Phone: (318) 445-6757

Fax: (318) 448-3032

Super 8 Hotels

6017 Old Boyce Road

Alexandria, LA 71303

Phone: (888) 288-5081

Fax: (318) 619-9200



CASINO & RESORTS HOTELS & MOTELS LAKE CHARLES, LA

America's Best Inn & Suites

401 Lakeshore Drive
Lake Charles, LA 70601
Phone: (337) 439-2444

Baymont Inn Suites Lake Charles

1004 N Martin Luther King Hwy
Lake Charles, LA 70601
Phone: (337) 310-7666

Best Western

2600 Moeling Street
Lake Charles, LA 70601
Phone: (337) 433-5213

Coushatta Casino Resort

777 Coushatta Drive
Kinder, Louisiana 70648
Phone: 1-800-584-7263

Days Inn Lake Charles

1212 N Lake Shore Dr
Lake Charles, LA 70601
Phone: (337) 433-9461

Holiday Inn

2940 Lake Street
Lake Charles, LA 70601
Phone: (337) 310-7700

Holiday Inn Express

402 Martin Luther King Hwy
Lake Charles, LA 70601
Phone: (337) 491-6600

Howard Johnson Inn –

Historic Lake Charles
825 Broad St
Lake Charles, LA 70601
Phone: (337) 436-4311

Isle of Capri Hotel and Casino

100 Westlake Ave.
Westlake, LA 70669
Phone: (337) 430-2400

Knights Inn Lake Charles

2700 Broad Street
Lake Charles, LA 70615
Phone: (337) 433-8291

La Quinta Inn Lake Charles

1320 Milk Hwy 171 North,
Lake Charles, LA 70605
Phone: (337) 436-5998

La Quinta Prien Lake

1201 West Prien Lake Rd
Lake Charles, LA 70605
Phone: (337) 478-9889

L'Auberge du Lac

Casino Resort
777 Avenue L'Auberge
Lake Charles, LA 70601
Phone: (337) 395-7777
Phone: 866-580-7444

Microtel Inns and Suites

3231 Lake St
Lake Charles, LA 70601
Phone: (337) 477-4230

Spring Hill Suites Marriott

1551 West Prien Lake Road
Lake Charles, LA 70605
Phone: (337) 474-1112

Super 8 Lake Charles

1350 E. Prien Lake Road
Lake Charles, LA 70601
(337) 477-1606



HOTELS & MOTELS



PINEVILLE, LA

Days Inn

11 Lord of Lords Avenue
Pineville, LA 71360
Phone: (800) 440-2021
Fax: (318) 640-5818

Country Inn & Suites

2727 Monroe Highway 165
Pineville LA 71360, US
Reservations: 1-800-596-2375
US/Canada Toll-free
Telephone: (318) 641-8332
Fax: (318) 641-3209
Email: cx_pila@countryinn.com

Sleep Inn & Suites

3411 Highway 165
Pineville, LA, US, 71360
Phone: (318) 640-8505
Fax: (318) 640-3405

SULPHUR, LA

Crossland Lake Charles

104 Mallard Street
Sulphur, LA, 70665
Phone: (337) 625-5923

Days Inn Sulphur

108 Dennis Avenue
I-10 Exit 23, South Side
Sulphur, LA 70665
Phone: (337) 312-0108

La Quinta Inn Sulphur

2600 Ruth Street
Sulphur, LA 70665
Phone: (337) 527-8303

Super 8 Sulphur

101 Mallard Street
Sulphur, LA 70665
Phone: (337) 626-8800





CAR RENTAL SERVICES



LEESVILLE, LA

Budget Rent-A-Car

11780 Lake Charles Highway

Leesville, LA 71446

Tel: (337) 392-2880

Enterprise Rent-A-Car

1910 South 5th St. Suite B

Leesville, LA 71446-5310.

Tel.: (337) 238-5500

T & T Taxi

198 Bridgette Street

Leesville, LA 71446-6426

Phone: (337) 239-2525

Yellow Top Cab of Fort Polk

624 South 3rd Street

Leesville, LA 71446-4429

Phone: (337) 239-6006

DERIDDER, LA

Enterprise Rent-A-Car

702 Mahlon Street

DeRidder, LA 70634

(337) 463-5050

PINEVILLE, LA

Red River Taxi

3008 Old Marksville Highway

Pineville, LA 71360

Phone: (318) 473-9696

ALEXANDRIA, LA

Avis Alexandria Downtown

3220 Jackson Street

Alexandria, LA, 71301

Phone: 318-448-3240

Avis Alexandria Intra Airport

1100 Frank Andrews Boulevard

Alexandria, LA, 71303

Phone: 318-487-1553

Budget Car Rentals

501 MacArthur Drive

Alexandria, LA 71303-5687

Phone: (318) 442-5113

Budget Car Rentals AEX

1100 Frank Andrews Boulevard

Alexandria, LA 71303

Phone: 318-449-9237

Enterprise Rent-A-Car

1607 MacArthur Drive

Alexandria, LA 71301-4027

Tel: (318) 445-0099

Enterprise Rent-A-Car

1855 Sterkx Road

Alexandria, LA 71301-3540

Tel: (318) 487-0553

National Car Rental

Alexandria Airport

1100 Frank Andrews Boulevard

Alexandria, LA 71303-5687

Phone: (318) 448-1122

LAKE CHARLES, LA

AAA Car Rentals

2313 Moeling Street

Lake Charles, LA 70601

Phone: (337) 439-1868

Alamo Car Rental

500 Airport Boulevard

Lake Charles, LA 70601

Phone: (337) 478-0083

Budget Truck Rentals

301 Churchill Street

Lake Charles, LA 70601

Phone: (337) 478-4290

Budget Car Rentals

301 Churchill St

Lake Charles, LA 70601

Phone: (337) 478-1790

Discount Car Rentals

3431 5th Avenue

Lake Charles, LA 70601

Phone: (337) 479-1333

Enterprise Rent - A - Car

1102 East College Street

Lake Charles, La 70601

Phone: (337) 474-9581

Enterprise Rent - A - Car

1516 North Martin Luther
King Highway

Lake Charles, LA 70601

Phone: (337) 433-9700



Child, Youth & School Services



FACILITY: Child, Youth, and School Services (CYS)
6880 Radio Road, Bldg 400
POC: CYS Coordinator, 531-1989/9737

SERVICES PROVIDED:

- CYS Administration and Management
- Parent Central and Outreach Services (P&OS)
- School Support Services (SSS)

HOURS OF OPERATION:

MON-FRI 0800 - 1700





Siegfried Youth Center



FACILITY: Siegfried Youth Center
 5538 University Pkwy / Hwy 467, Bldg 4996
 POC: Facilities Director, 531-1991/1954

SERVICES PROVIDED:

- Middle School & Teen (MST) Program
 - Grades 6-12
 - Sports and fitness
 - Recreational & leisure activities
 - Trips to various destinations
 - Homework assistance and tutoring
 - Youth Services Computer Lab
- School Age Services (SAS)
 - Grades 1-5
 - After school care
 - Hourly or daily care
 - Snacks served after school
 - Bus monitoring

HOURS OF OPERATION:

MST		SAS	
MON – FRI	1500 - 2000	MON-FRI	1445 - 1800
1st & 3rd SAT	1300 - 1800	SCHOOL OUT/HOLIDAYS	0545 - 1800



Child Development Center



FACILITY: CDC Bldg 701
7576 Colorado Avenue, Bldg 701
POC: Center Director, 531-4624

SERVICES PROVIDED:

- Care for children 6 weeks – 10 years
- LA4 and Kinder and AS before school care
- LA4 and Kinder after school care
- Full Time Care
- 150 Capacity

HOURS OF OPERATION:

MON-FRI 0530 - 1800



FACILITY: CDC Bldg 702
7575 Utah Avenue, Bldg 702
POC: Center Director, 531-4624

SERVICES PROVIDED:

- Care for children 6 weeks – 5 years
- Full Time Care
- 150 Capacity

HOURS OF OPERATION:

MON-FRI 0530 - 1800



Child Development Center



FACILITY: CDC Bldg 3349
7687 Georgia Avenue , Bldg 3349
POC: Center Director, 531-6622

SERVICES PROVIDED:

- Care for children 6 weeks – 5 years
- Hourly and Full Day Care
- 144 Capacity

HOURS OF OPERATION:

MON-FRI 0530 - 2000



FACILITY: CDC Bldg 14500
2987 Entrance Road North Fort, Bldg 14500
POC: Center Director, 531-9165

SERVICES PROVIDED:

- Care for children 6 weeks – 6 years
- Before and After Kindergarten care
- Part Day Pre-School Programs
- Hourly care

HOURS OF OPERATION:

MON-FRI 0545 - 1730



Library & Education Center



FACILITY: Library and Education Center
7460 Colorado Avenue, Bldg 660
POC: 531-1535

SERVICES PROVIDED:

Directorate of Human Resources (DHR), Education Division (Counselors, Multi-Use Learning Facility, Testing, 5 On-Post Colleges/Universities); G3 Army Schools; G3 Distributive Learning System (DLS); Garrison Training Classroom, Language Training Facility (LTF); Federal Investigative Service

HOURS OF OPERATION:

MON-FRI 0800 - 1630

Training and College Classes Scheduled



Allen Memorial Library



FACILITY: Allen Memorial Library (Inside the Library & Education Center)

7460 Colorado Avenue, Bldg 660

POC: Librarian, 531-1986

SERVICES PROVIDED:

- Current fiction & non-fiction books and audio books
- Popular & educational DVDs, foreign language kits, and music CDs
- Military Science collection, test preparation, and career guides
- Inter-library loan service
- Over 60 computers with access to online databases and the internet
- Story time for children and an annual summer reading program
- Video messenger service
- Teen Space *Coming soon!*

HOURS OF OPERATION:

MON-THU 1000 - 1900

FRI 1000 - 1700

SAT 1000 - 1800

SUN 1400 - 1800



Fort Polk Museum



FACILITY: Fort Polk Museum
7884 South Carolina Avenue, Bldg 927
POC: Museum Director, 531-7905

SERVICES PROVIDED:

- Historic Exhibits for Soldiers, Family Members and the General Public
- Museum Tours
- Outdoor Vehicle Exhibits
- Heritage Days Outreach Program
- School Tours
- Historical Consultation and Inquiries
- Staff Ride Program

HOURS OF OPERATION:

TUE – SAT	1000 – 1750
SUN/MON/HOLIDAYS	CLOSED



Army Community Service

ACS



FACILITY: Army Community Service Center
1591 Bell Richard Avenue, Bldg 920
POC: ACS Director, 531-1940/1941

SERVICES PROVIDED:

- Information and Referral
- Financial Readiness Counseling and Classes
- Exceptional Family Member Program
- Family Advocacy Program
- New Parent Support Program
- Victim Advocacy Program
- Prevention Education Classes (Marriage and Communication, Parenting, and Stress and Anger Management)
- Relocation Program (includes the Lending Locker)
- Military Family Life Counselors (3)

HOURS OF OPERATION:

MON – FRI 0800 – 1630

AVAILABLE AFTER HOURS AS NEEDED



ACS Army Emergency Relief



FACILITY: Army Community Service Center
1591 Bell Richard Avenue, Bldg 920
POC: Financial Readiness Program Manager , 531-1957

SERVICES PROVIDED:

- Provides financial assistance to Soldiers (active and retired) and surviving spouses during periods of valid emergencies
- Generally, in the form of a no-interest loan, but may be a grant or a combination of the two
- Primary areas of assistance include essential travel expenses, payment of rent to prevent eviction, assistance with utilities to prevent termination of services, food purchases, non-receipt of pay, loss of funds, Family dental care, basic furniture needs, rental vehicles during emergencies, replacement vehicle up to \$4,000.
- AER is not authorized for Article 15 court-martial forfeitures, bad checks, tickets, attorneys' fees, bonds, fines or any court related fees, taxes, credit card bills, debt consolidation, marriage, divorce , or ordinary leave or vacations

HOURS OF OPERATION:

MON – FRI 0800 – 1630

After duty Hours, Weekends and Holidays,
call American Red Cross, 1-877-272-7337



ACS Family Readiness Center



FACILITY: Family Readiness Center

7960 Mississippi Avenue, Bldg 924

POC : Mobilization and Deployment Specialist, 531-9743

SERVICES PROVIDED:

- Mobilization and Deployment Program
- Army Volunteer Corps Program
- Army Family Action Plan Program
- Employment Readiness Program
- Family Readiness Group meeting space
- Comprehensive Soldier Family Fitness (CSF2)
- Garrison SHARP

HOURS OF OPERATION:

MON – FRI 0800 - 1630

AVAILABLE AFTER HOURS AS NEEDED



ACS Soldier and Family Assistance Center (SFAC)



FACILITY: Soldier Family Assistance Center
1778 3rd Street, Bldg 220
POC: SFAC Director, 531-2362

SERVICES PROVIDED:

Tailored for and responsive to the needs of wounded, ill, or injured Soldiers and their Families who are currently enrolled in the Warrior Transition Unit and services to the Soldiers and their Families in the Integrated Disability Evaluation System

- Information and Referral Services
- Interactive and Motivational Activities
- Transition and Entitlements
 - Real Life Lines
 - VA Benefits and Entitlements
 - Partnership with Fort Polk VA Community-based Outreach Clinic (CBOC)

HOURS OF OPERATION:

MON-FRI 0800 - 1700

AVAILABLE AFTER HOURS AS NEEDED



Civilian Personnel Advisory Center



FACILITY: Civilian Personnel Advisory Center
2271 Louisiana Avenue, Bldg 3304
POC: Director, 531-6713

SERVICES PROVIDED:

The Civilian Personnel Advisory Center provides information regarding employment opportunities at Fort Polk. Fort Polk has a wealth of challenging jobs with progressive employment practices, a Family friendly atmosphere, exceptional benefits and a diverse workforce.

HOURS OF OPERATION:

MON-FRI 0800 - 1630



Directorate of Emergency Service



FACILITY: Directorate of Emergency Services
1668, 22nd Street, Bldg 2396
POC: Director of Emergency Services, 531-7020
Central Dispatch / 911 / 531-2677 (COPS)

SERVICES PROVIDED:

- Law Enforcement Operations/Police Reports
- Traffic Accident Investigations/Reports
- Finger Printing
- Physical Security Inspections
- Police/Fire/Security Investigations
- Civilian Liaison/AWOL Apprehension
- Game Enforcement
- Fire/Rescue Services
- Fire Prevention Inspections/Classes

Fire Station Numbers:

- Station #1 – South Fort 531-6163
- Station #2 – North Fort 531-6154
- Station #3 – Airfield 531-4231

OFFICE HOURS OF OPERATION:

MON – FRI 0800 - 1630

EMERGENCY SERVICES / RESPONSE PROVIDED 24/7



Environmental & Natural Resources Management Division



FACILITY: Environmental and Natural Resources
Management Division (ENRMD)
1647 23rd Street, Bldg 2516
POC: Chief, ENRMD 531-7008

SERVICES PROVIDED:

The DPW Environmental Division manages issues pertaining to conservation, pest management, indoor air quality, cultural resources, environmental compliance and forestry for the installation.

Service Requests: DPW Service Order Hotline @ 531-1379

HOURS OF OPERATION:

MON – FRI 0800 - 1630



Equal Employment Opportunity Office



FACILITY: Equal Employment Opportunity Office (EEO)
7090 Alabama Avenue, Bldg 1454
POC: Chief, EEO - 531-1802

SERVICES PROVIDED:

The EEO Office advises the Commander on matters pertaining to the Affirmative Employment Program with particular focus on women, minorities and individuals with disabilities. The EEO office also administers the EEO Complaints Process. Federal civilian employees, applicants for employment and some contract employees may file complaints of discrimination based on race, color, sex, national origin, age, disability (physical or mental), genetic information or reprisal for prior EEO activity.

HOURS OF OPERATION:

MON – FRI 0800 - 1630

(the EEO office is co-located with the SJA/ILO).



Installation Legal Office



FACILITY: Office Staff Judge Advocate
7090 Alabama Avenue, Bldg 1454

SERVICES PROVIDED:

- Military Justice 531-4405/0977
- Administrative and Civil Law 531-0245/2754
- Legal Assistance 531-2580/2112
- Claims 531-1197/2001
- Trial Defense Service ** 531-1446
- Magistrate Court 531-0241

HOURS OF OPERATION:

- | | | |
|---------------------------|------------------|-----------------------|
| • Military Justice | MON- FRI | 0900 - 1700 |
| • Administrative Law | MON- FRI | 0800 - 1630 |
| • Legal Assistance/Claims | MON-FRI | 0800 - 1130/1230-1700 |
| | WED (Wills Only) | 1130 - 1700 |
| • Magistrate Court | MON - FRI | 0800 - 1630 |
| • Trial Defense Service | MON - FRI | 0900 - 1700 |

****Services located at the Court House, 1918 15th Street, Building 1946**



JRTC & Fort Polk Recycling Center



FACILITY: JRTC & FORT POLK Recycling Center
Intersection of Maine Avenue and Georgia Avenue, Bldg 3622
POC: 531-7556

SERVICES PROVIDED:

Drive through service for the drop off of recyclable commodities. Items accepted are Scrap Metal, Used Lead Acid Batteries, Paper, Cardboard, Used Motor Oil, Used Ink and Toner Cartridges, Clean Clear Plastic (PET #1) and Used Cooking Oil.

Scrap Metal and Used Lead Acid Batteries, when turned in by Military Personnel or Government Personnel, must be brought to the DOL Classification Office to receive a stamped 1348 clearing the load for turn in to the QRP.

We can NOT accept any paper with Personal Identifiable information (PII) on it. We also can NOT accept, glass, electronics, like new items, and military vehicle parts.

HOURS OF OPERATION:

MON – FRI 0830-1530



Logistics Readiness Center Transportation Office



FACILITY: LRC Transportation
Material Movement Section
4374 N. Carolina Avenue
POC: 531-4510/4616

SERVICES PROVIDED:

The Material Movement Section is the central shipping and receiving point for the installation. It is located at the southeast end of building 4374 at 7585 Virginia Ave. The section processes all inbound and outbound truckloads, LTL (less than truckload), and small package shipments. The truck scales are available at no cost to weigh Personally Procured Move (formerly DITY move) household goods shipments Tu.-Th. from 08:00 - 15:00 hrs.

Annually, the Material Movement Section processes approximately 7,500 inbound and outbound truckloads consisting of 51,400 pieces of equipment as well as 7,500 small package shipments.

HOURS OF OPERATION:

MON-FRI 0730 - 1630



Logistics Readiness Center Transportation Office



FACILITY: LRC Transportation
Personal Property & QA sections
7585 Virginia Avenue
POCS: 531-1994/2282

SERVICES PROVIDED:

The Personal Property section provides counseling and guidance to Soldiers and family members with their household goods shipments. It is located in the west end of building 4374 at 7585 Virginia Ave. The section assists service members with inbound and outbound shipments as well as non-temp storage, storage –in-transit, and Personally Procured Moves (PPM).

The Personal Property Quality Assurance section evaluates and documents carrier performance and is available to assist service members with issues regarding deliveries and shipments.

Annually, the Personal Property Section processes 8,440 inbound and outbound shipments. Peak season runs from May to August each year. Please try to be patient and flexible if moving during this time frame.

HOURS OF OPERATION:

MON-FRI 0700 –1130, 1230-1700.



Polk Army Airfield



FACILITY: Polk Army Airfield
7575 Donaldson Loop, Bldg 4255
POC: 531-6195

SERVICES PROVIDED:

Airfield Operations, Flight Planning, Weather Station, Aircraft Services, Refueling, Aircraft Maintenance, Crash Rescue, Air Traffic Control Tower, Radar Approach Control, Navigational Aid Maintenance.

HOURS OF OPERATION:

Operations 24/7, Refueling 24/7
Air Traffic Control 24/7, Crash Rescue 24/7,
CSC and SSSI Contract Maintenance 24/7,
Weather 0700-2200





Warrior Community Activity Center



FACILITY: Warrior Community Activity Center
1321 Corps Road, Bldg 352
POC: Manager, 531-4440

SERVICES PROVIDED:

- Banquet/Meeting Rooms and Full Service Catering for:

Weddings	Trade Shows
Luncheons	Job Fairs
Hors d'oeuvres	Hail & Farewells
Dining In/Out	Conferences
Meetings	Any Occasion!

HOURS OF OPERATION:

Office MON-FRI 0900 - 1600





Camellia Terrace Neighborhood Center



FACILITY: Camellia Terrace Neighborhood Center
5300 Magnolia Drive
POC: 537-5045

SERVICES PROVIDED:

- Club Room
- Multi-purpose Room
- Kitchen
- Fitness Room
- Corvias Residents can reserve rooms for:
 - FRG Meetings
 - Hail and Farewells
 - Private Parties
- Computer Lab
- Game Room
- X Box Cafe
- Swimming Pool

HOURS OF OPERATION:

MON-FRI 0800 - 1800
SAT 1000 - 1700
SUN 1300 - 1700 (Facility use only)



Dogwood Terrace Neighborhood Center



FACILITY: Dogwood Terrace Neighborhood Center
300 Warren Court
POC: 537-5055

SERVICES PROVIDED:

- Club Room
- Multi-purpose Room
- Kitchen
- Fitness Room
- Corvias Residents can reserve rooms for:
 - FRG Meetings
 - Hail and Farewells
 - Private Parties
- Computer Lab
- Game Room
- Wii Cafe
- Swimming Pool

HOURS OF OPERATION:

MON-FRI 0800 - 1800
SAT 1000 - 1700
SUN 1300 - 1700 (Facility use only)



Maple Terrace Neighborhood Center



FACILITY: Maple Terrace Neighborhood Center
100 Pendleton Drive
POC: 537-5065

SERVICES PROVIDED:

- Club Room
- Kitchen
- Computer Lab
- Wii Café
- Corvias Residents can reserve rooms for:
 - FRG Meetings
 - Hail and Farewells
 - Private Parties
- Multi-purpose Room
- Fitness Room
- Game Room
- Swimming Pool

HOURS OF OPERATION:

MON-FRI 0800 - 1800
SAT 1000 - 1700
SUN 1300 - 1700 (Facility use only)



Palmetto Terrace Neighborhood Center



FACILITY: Palmetto Terrace Neighborhood Center
200 Bell Richard Avenue
POC: 537-5040

SERVICES PROVIDED:

- Club Room
- Kitchen
- Computer Lab
- Swimming Pool
- Corvias Residents can reserve rooms for:
 - FRG Meetings
 - Hail and Farewells
 - Private Parties
- Multi-purpose Room
- Fitness Room
- Theater

HOURS OF OPERATION:

MON-FRI 0800 - 1800
SAT 1000 - 1700
SUN 1300 - 1700 (Facility use only)



Alligator Lake REC Site



FACILITY: Alligator Lake Recreation Site
Artillery Road North Fort (turn left on K Avenue)
POC: Manager, 531-5350

SERVICES PROVIDED:

- RV Park
- Sports Equipment Rentals (Daily Rates Available)
- Camping Supplies (Daily and Weekly Rates Available)
- Boats (Hourly and Daily Rates Available)
 - Crawdad (2-man boat)
 - Canoe
 - Jon-Row Boats
 - Paddle Boats (Hourly Rates Available)
- Pavilion Rentals
- Full Park Rental

HOURS OF OPERATION:

MON/THURS/ FRI: 0800 – 1600
SAT/SUN: 0900-1700
TUES/ WED/HOLIDAYS: CLOSED



Batting Cages



FACILITY: Batting Cages
Bldg 1402, 9th Street & Mississippi Avenue
POC: 531-5441/5870
Batting Cage Manager
Bldg 1455, 9th and Mississippi Avenue
(Home of Heroes Recreation Center)
POC: 337-531-5481

SERVICES PROVIDED:

- 5 Baseball / Softball lanes
- Fast and Slow pitch
- Lighted for evening play
- Vending available
- Restrooms on site
- Group rates available

HOURS OF OPERATION:

MON - SUN 1200 - 2100



Bayou Theater

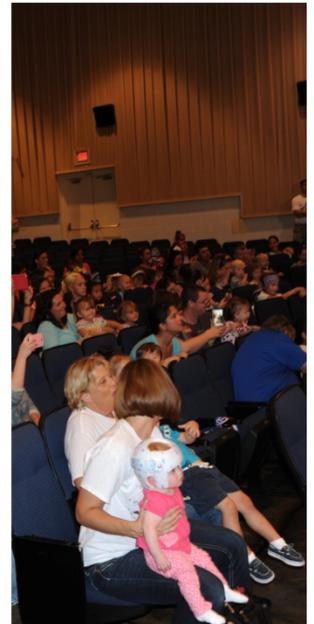


FACILITY: Bayou Theater
Mississippi Avenue, Bldg 930
POC: 531-6149

SERVICES PROVIDED:
Second run movies with limited first run releases.

HOURS OF OPERATION:

FRI 1915
SAT 1915
SUN 1600





Boundless Playground



FACILITY: Boundless Play Ground

Located at Catfish Cove/Louisiana Park
(Across from Warrior Hills Golf Course)

POC: 531-1951

SERVICES PROVIDED:

All inclusive playground. Multisystem play areas, swings, sitting spins, and slides.

HOURS OF OPERATION:

During daylight hours





Splash Park



FACILITY: Splash Park

Located at Catfish Cove/Louisiana Park
(Across from Warrior Hills Golf Course)

POC: 531-1951

SERVICES PROVIDED:

The park features themed water play areas where children can have fun, relax and stay cool from the Louisiana heat.

HOURS OF OPERATION:

Weather Permitting

Session 1 1100 - 1445

Break 1445 - 1515

Session 2 1515 - 1900





Go Kart Track



FACILITY: Go Kart Track
9th & Mississippi Avenue, Bldg 1402
POC: Manager, 531-5481 / 5468

SERVICES PROVIDED:

- 20 Gas-powered Go Karts
- Lighted for evening races
- Vending available
- Restrooms on site
- Group rates available

HOURS OF OPERATION:

MON	1600 - 2000
TUE-THR	CLOSED
FRI	1600 - 2000
SAT/SUN/HOLIDAYS	1300 - 2000





Home of Heroes Soldier Recreation Center



FACILITY: Home of Heroes Soldier Recreation Center
2165 9th Street, Bldg 1455
POC: 531-5441

SERVICES PROVIDED:

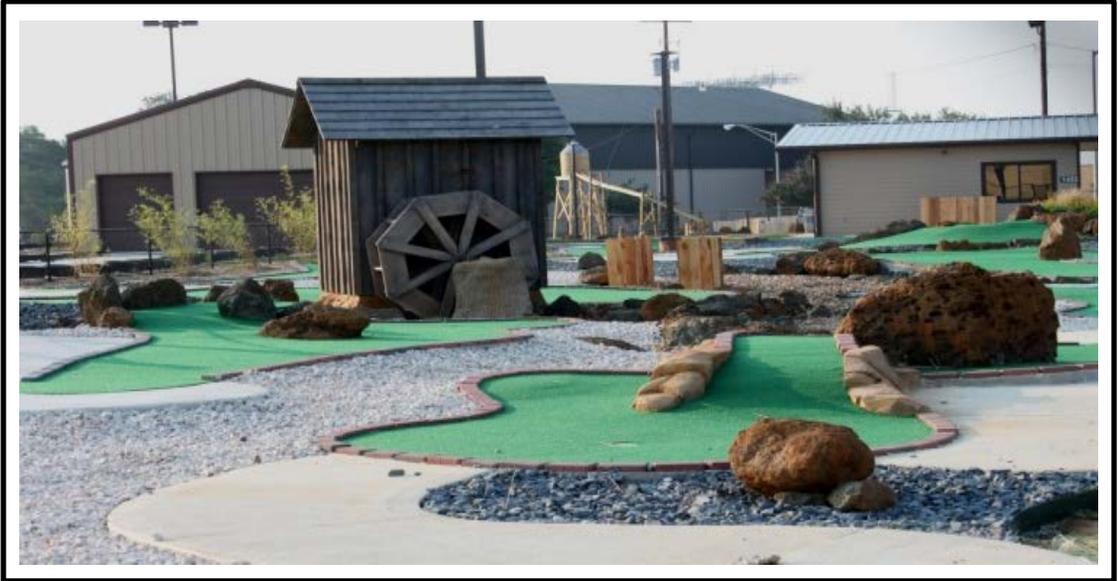
- Houses the Better Opportunities for Single Soldiers (BOSS)
- Karaoke Night
- Large screen TV
- Fully equipped disc-jockey booth & dance floor
- Computer lab with free WiFi
- Fully equipped band room (drums, guitars, keyboards)
- Zen Meditation Room
- Pool
- Ping Pong
- Wide variety of video games
- Air Hockey
- Foosball
- Periodic tournaments
Texas Hold 'em, Karaoke,

HOURS OF OPERATION:

SUN-THU 1100 - 2200
FRI/SAT 1100 - 2200



Mini-Golf



FACILITY: Mini-Golf
9th & Mississippi Avenue, Bldg 1402
POC: Manager, 531-5481

SERVICES PROVIDED:

- 18 Hole and 9 Hole Miniature Golf Facility
- Lighted for evening play
- Vending available
- Restrooms on site
- Group rates available

HOURS OF OPERATION:

MON	1600 - 2000
TUE-THR	CLOSED
FRI	1600 - 2000
SAT/SUN/HOLIDAYS	1300 - 2000





Recreational Equipment Checkout



FACILITY: Recreational Equipment Checkout
2208 Louisiana Avenue, Bldg 3219
POC: 531-8312/7688

There are some things you don't need to own to enjoy, and the Recreational Equipment Checkout (formerly Rental Center) is just the place to find them with everything from inflatables, canopies, tables, chairs, and grills to camping trailers, popup, boats, sports equipment, and more! The facility saves Soldiers hundreds of dollars because they don't have to purchase items that are used only occasionally.

HOURS OF OPERATION:

MON-THU	0800-1600
FRI	0900 - 1700
SAT	0700 - 1500
SUN /HOLIDAYS	Closed



Strike Zone Bowling Center & Spare Time Lounge



FACILITY: Strike Zone Bowling Center & Spare Time Lounge

2087 9th Street, Bldg 1457

POC: Facility Manager, 531-6273

SERVICES PROVIDED:

- Open Bowling
- League Bowling
- Bumper Bowling
- Full Pro-Shop
- Tournaments (All Formats)
- Color Pin Bowling
- Cosmic Bowling
- Strike Zone Snack Bar
- Parties
 - Invitations
 - Food
 - Bowling
 - Table Decorations
- Full Service Lounge

HOURS OF OPERATION:

STRIKE ZONE BOWLING :

MON-THU 1100 – 2200
 FRI 1100 - 0100
 SAT 1200 - 0100
 SUN 1200 - 2100
 HOLIDAYS 1300 - Posted

STRIKE ZONE SNACK BAR :

MON-THU 1100 – 2130
 FRI 1100 - 2430
 SAT 1200 - 2430
 SUN 1200 - 2030
 HOLIDAYS 1300 - Posted

SPARE TIME LOUNGE:

MON-THU 1630 - 2200
 FRI 1630 - 0100
 SAT 1400 - 0200
 SUN CLOSED
 HOLIDAYS 1300 - Posted



Toledo Bend Recreation Site



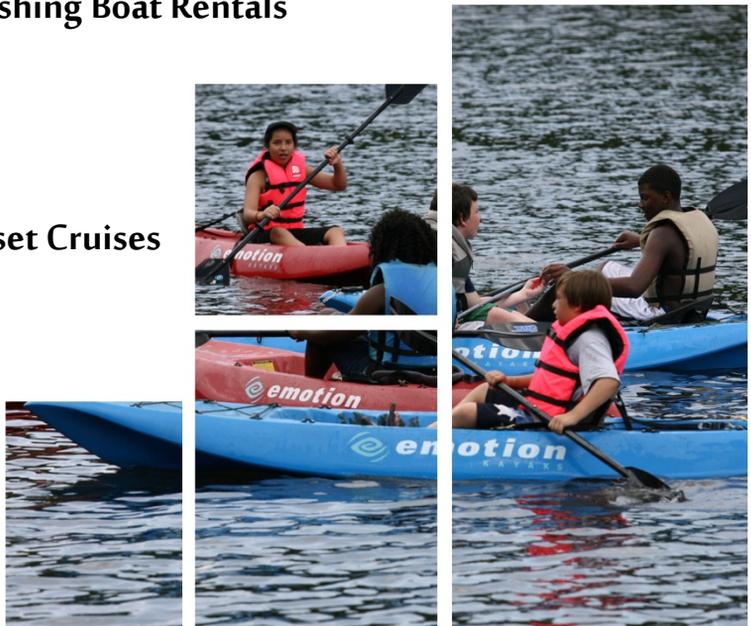
FACILITY: Toledo Bend Recreation Site
1310 Army Recreation Road
Florien, LA 71429
POC: Manager, (318) 565-4235

SERVICES PROVIDED:

- 15 Pad RV Park
- Cabin & Yurt Rentals
- Canoes, Kayaks, Pontoon Boats, & Fishing Boat Rentals
- Canopy wity BBQ Grill
- Beach Swimming Area
- Community Restroom with Showers
- Fishing Tournaments, Dinner & Sunset Cruises

HOURS OF OPERATION:

Winter Hours (1 Oct – 31 Mar)
 SUN – SAT 0800-1700
 Summer Hours (1 Apr – 30 Sep)
 MON-THUR 0800-1700
 FRI/SUN/HOLIDAYS 0700-1900





Soldier Athletic Complex Ball Fields



FACILITY: Soldier Athletic Complex Ball Fields

8162 Mississippi Avenue

POC: Manager, 531-2056/2145

SERVICES PROVIDED:

Individual and team competitions designed for unit-level Soldiers and Families

- Monthly
 - 10k run
 - Cross country race
 - Triathlon
 - Decathlon
 - Golf tournaments
 - Bowling tournaments
- Leagues
 - Basketball
 - Flag football
 - Softball
 - Soccer



HOURS OF OPERATION:

MON-FRI 0800 - 1630





Perez Youth Field



FACILITY: Perez Youth Field
Bell Richard & Colorado Avenue
POC: Youth Sports Director, 531-6004

SERVICES PROVIDED:

- Youth Sports and Fitness Team Sports
 - T-ball
 - Baseball
 - Peeewe Soccer
 - Football
 - Cheerleading
 - Pro workshops
- Sports available for all seasons

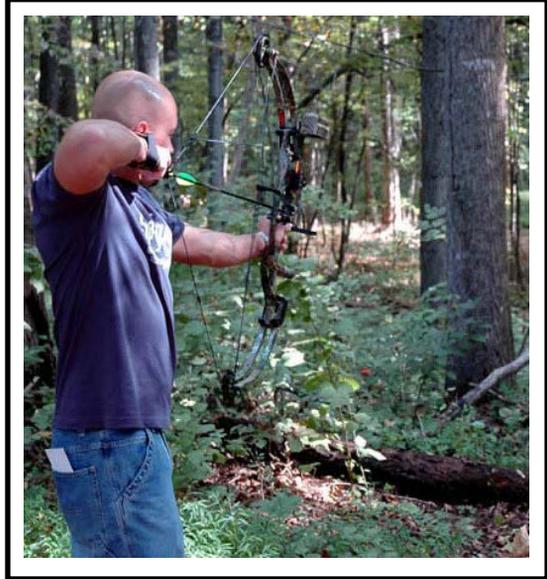
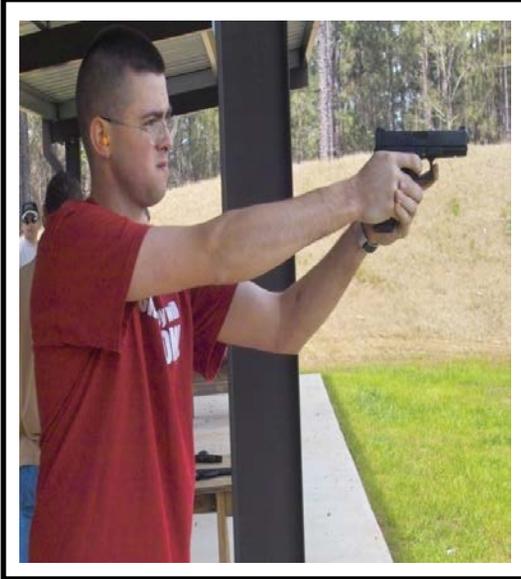
HOURS OF OPERATION:

Seasonal as announced





Recreational Shooting Complex Range 23A



FACILITY: Recreational Shooting Complex
Range 23A, California Avenue
POC: Manager, 531-6591

SERVICES PROVIDED:

- **Formats**
 - Archery
 - Skeet
 - Trap
 - Rifle & Pistol
- **Paintball: Paintball Rental Fee Includes**
Mask, Gun, Air, and Field Use, or Just Field Use
- **Competitive Events**
- **All Competition Levels**
- **Group or Club Range Rentals**
- **Gun and Archery Equipment Rentals**

HOURS OF OPERATION:

TUE/THURS	CLOSED
WINTER	1000 - 1700
SUMMER	1100-1800



25 Meter Pool



FACILITY: 25 Meter Pool (SEASONAL – CLOSSES FOR WINTER)

1458 10th Street

POC: Manager, 531-6785

SERVICES PROVIDED:

- Physical Training (PT)
- Private Parties (rental)
- Aerobics
- Fun Days
- Swim Lessons

HOURS OF OPERATION:

PT	TUE-FRI	0630 - 0730 (by reservation)
Aerobics	SAT	1130 - 1230 (every 2 weeks)
Swim Lessons	MON-THU	0930 - 1130 (by registration)



50 Meter Pool



FACILITY: 50 Meter Pool
1710 Swimming Pool Road
POC: Manager, 531-1988

SERVICES PROVIDED:

- Physical Training (PT)
- Aerobics
- Lap Swimming
- Unit Training
 - Water Survival (Drown Proofing)
 - Combat Water Survival
- Recreation Swimming
- Private Parties (rental)
- Movie & Raft Nights
- Fun Days

HOURS OF OPERATION:

PT	TUE-FRI	0630 - 0730 (by reservation)
Unit Training	WED/FRI	0730 - 0930 (by reservation)
Physical Therapy	TUE/THRU	0730 - 0930
Aerobics	TUE -FRI	1700 - 1800
Lap Swim	TUE-FRI	1130 - 1300
Recreational Swim	TUE-FRI	1300 - 1900
	SAT /SUN	1200 - 1900



Warrior Hills Golf Course



FACILITY: Warrior Hills Golf Course
1321 Corps Road, Bldg 352
POC: 531-1982
For a Tee Time Reservation Call: 531-4661/1982

SERVICES PROVIDED:

- 18 Hole Facility
- Year Round Play
- On-Site Golf Pro gives Individual and Group Lessons
- Newly Remodeled Pro Shop
(Located at Warrior Community Center)
- Numerous Tournaments
- Special Packages for Groups and Units

HOURS OF OPERATION:

SUMMER HOURS

MON	1100 - 1900
TUES-FRI	0800 - 1800
SAT, SUN, HOLIDAYS	0700 - 1800

WINTER HOURS (Effective Nov. 3, 2014)

MON	CLOSED
TUES-FRI	0800 - 1700
SAT & SUN	0800 - 1700



Showboat Theater



FACILITY: Showboat Theater
7090 Alabama Avenue, Bldg 1454
POC: 531-2337

SERVICES PROVIDED:

- Theater Productions
 - 4 Per Year
 - Performance Only
 - Dinner Theater
- US Army Soldier Show Coordination
- Operation Rising Star Competition Coordination
- Facility Available
 - Community Events
 - Hail and Farewells
 - Private Parties

HOURS OF OPERATION:

MON-FRI 0800 - 1630

Showtimes as announced



Arts & Crafts Center



FACILITY: Arts and Crafts Center
1685 Bell Richard Avenue, Bldg 922
POC: Manager, 531-1980

SERVICES PROVIDED:

- Sublimation and engraving
- Framing and custom framing
- Ceramic pouring and painting
- Parent and Child classes
- Decorative Tile classes
- Oil painting
- Embroidery
- Woodworking
- Floral design
- Children's classes
- Papertole classes
- Seasonal classes

HOURS OF OPERATION:

TUE - SAT 1000 – 1800
SUN/ MON/HOLIDAYS CLOSED



Auto Skills Center



FACILITY: Auto Skills Center
4529 Louisiana Avenue
POC: 531-6149

SERVICES PROVIDED:

The Auto Skills Center has 32 bays equipped with just about everything necessary for those DIYers in the Family. In addition, experienced mechanics stand ready to answer questions and to lend a helping hand with repairs. Users need to take a half-hour safety orientation class prior to working on their vehicles. The class is free and offered twice weekly (THU/SAT 1100).

HOURS OF OPERATION:

MON/FRI	1330 - 2100
THU-SAT /SUN	1030 - 1800
TUES/WED/HOLIDAYS	CLOSED

The Auto Skills Center helps the Soldiers save money because they can do the work themselves!



Bayne-Jones Army Community Hospital



FACILITY: Bayne-Jones Army Community Hospital

1585 3rd Street

POC: 531-3118

SERVICES PROVIDED:

- Family Practice
- Internal Medicine
- OB/GYN
- Pediatrics
- General Surgery
- *Orthopedics
- Audiology
- Nutrition Care
- Behavioral Health
- EENT
- Optometry
- Ophthalmology
- *Chiropractic Medicine
- Labor, Delivery, Recovery Unit (8 suites)
- Progressive Care Unit (6 beds)
- Preoperative Services
- Emergency Services
- Preventive Medicine
- Pharmacy/Lab/Radiology
- Respiratory Therapy
- Anesthesia
- Occupational Therapy
- *Physical Therapy
- *Aviation Medicine
- Physical Exams/DES Exams

BJACH is a rural community hospital. Patients requiring services not available at BJACH may be referred to other military or civilian medical treatment facilities.

* - Denotes services that are currently for Active Duty only



Bayne-Jones Army Community Hospital



TRICARE SERVICE CENTER (TSC) - ROOM 1320, FIRST FLOOR, BJACH

HOURS OF OPERATION:

MON – FRI 0800-1700

TSC staff can assist with enrollments/disenrollment's, change of addresses, claims issues, and beneficiary questions.

OUTPATIENT PHARMACY

HOURS OF OPERATION:

MON - FRI 0730-1800

SAT - SUN CLOSED

BJACH training holidays and all Federal Holidays CLOSED

All refills must be called in on the Automated Refill Line - 531-DRUG (3784) – or submitted online to the Pharmacy Refill System at <http://polk.amedd.army.mil/> under the Pharmacy link.



Bayne-Jones Army Community Hospital

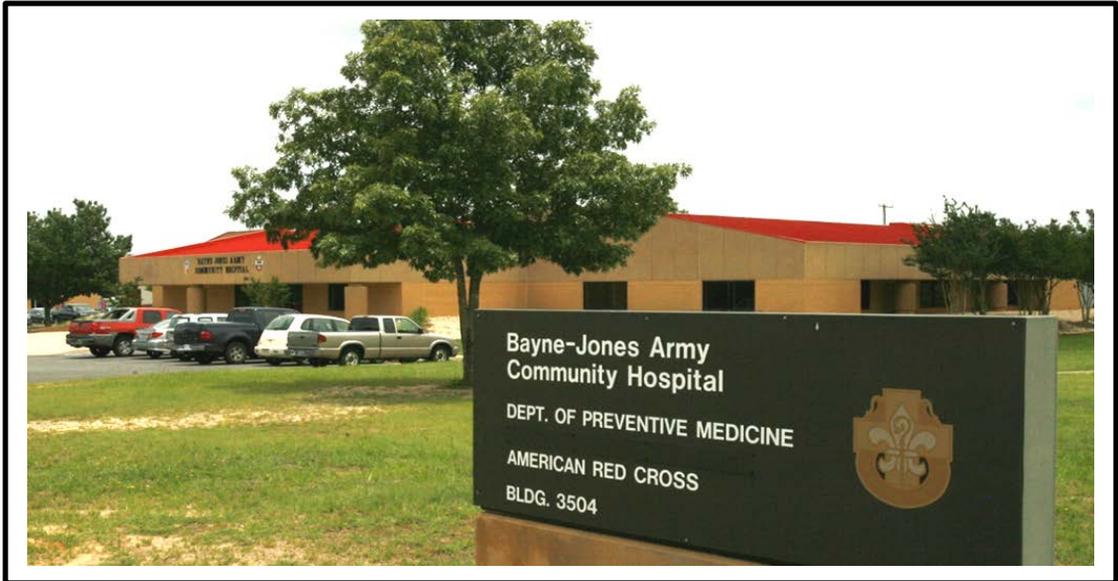


CONTACT NUMBERS

- **Central Appointments – 531-3011 (Option 1)**
- **Appointment Cancellation – 531-3011 (Option 2)**
- **FONEMED (After Hours Advice Line) – 1-877-602-7217**
- **Information Desk – 531-3118/3119**
- **Health Benefits Advisor – 531-3974/3892**
- **Patient Advocacy Office – 531-3628/3880**
- **Outpatient Pharmacy – 531-3233**
- **Automated Pharmacy Refill Line – 531-DRUG (3784)**
- **Immunizations – 531-3593**
- **Emergency Room (24/7) – 531-3368/3369**
- **TRICARE – 1-800-444-5445 (Humana)**



Preventive Medicine



FACILITY: Preventive Medicine
8091 Georgia Avenue, Bldg 3504
POC: 531-2041/4783

Services:

- Environmental Health
- Occupational Health
- Industrial Hygiene
- Smoking Cessation
- STD Testing (0730 – 0930)
- Immunizations (including travel immunizations)
- Wellness Counseling
- Car Safety Seat Fitting
- Diabetes Education
- School of Standards (inprocessing)

HOURS OF OPERATION:

MON – FRI 0800 - 1630



Fort Polk Veterinary Treatment Facility



FACILITY: Fort Polk Veterinary Treatment Facility

7460 Colorado Avenue, Bldg 665

POC: 531-1322

SERVICES PROVIDED:

We provide vaccination services to dogs and cats to include Rabies, RVO/Distemper, Bordatella (Kennel Cough), Feline Leukemia, and Feline FVRCP. Other services include some minor surgeries to include Neuter/Spay, Feline Declaw, and Gastro Pexys (stomach staple). The veterinarian can also see minor cases for exotics (i.e., non - poisonous snakes, rats, ferrets, etc.). Questions or concerns should be directed during our business hours at (337) 531-1322.

HOURS OF OPERATION:

MON/TUE/THU 0900 - 1600

WED 0900 - 1600 (for over-the-counter sales and in and out processing only)

FRI 0900 - 1530

Our clinic provides services on the last Saturday of each month for clients who are unable to make normal clinic visits due to work and/or scheduling conflicts.

Hours and location of our Saturday clinics will be posted on our bulletin board outside of the clinic each month.



Wheelock-Bayou Classic Fitness Center



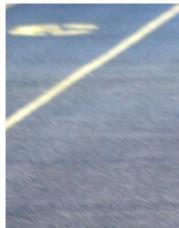
FACILITY: Wheelock-Bayou Classic Fitness Center
7755 Georgia Avenue, Bldg 3350
POC: 531-6795

SERVICES PROVIDED:

- Cardio Equipment
(With Cardio Theater)
 - Treadmills
 - Elliptical
 - Bicycles
 - CYBEX Arc Trainers
- Steam Room
- Weights
 - Plate Loaded Machines
 - Dumbbells
 - Weight Stack Equipment
- Aerobics Classes
- Aqua Massage
- Self Defense Classes
- Rock Climbing Wall
- Large Screen TVs
- Personal Trainers
- Sauna
- Hot Tub

HOURS OF OPERATION:

MON-FRI 0500 - 2200
SAT/SUN/HOLIDAYS 0700 - 2000





1st MEB Gym



FACILITY: 1st MEB GYM

8314 Alabama Avenue, Bldg 2276

POC: 531-1898

SERVICES PROVIDED:

- **Cardio Equipment**
 - Treadmills
 - Ellipticals
 - Bicycles
 - CYBEX Arc Trainers
- **Large Screen TVs**
- **Sauna**
- **Weights**
 - Plate Loaded Machines
 - Dumbbells
 - Weight Stack Equipment
- **Full Basketball Court**
- **Racquet ball Court**

HOURS OF OPERATION:

MON-FRI 0500 - 2000

SAT-SUN 1000 - 1800



Cantrell Fitness Center

Patriot BDE Gym



FACILITY: Cantrell Fitness Center

Patriot BDE Gym, Mississippi Avenue, Bldg 1262

POC: 531-1935

SERVICES PROVIDED:

• **Cardio Equipment**

- Treadmills
- Ellipticals
- Stair Stepper
- Arc Trainers
- Spin Bike
- Summit
- Upright Bike

• **Weights**

- Machine Loaded Weights
- Dumbbells

HOURS OF OPERATION:

MON-FRI	0500 - 2100
PT (OPEN TO SOLDIERS ONLY)	0500 - 0700
OPEN TO ALL AUTHORIZED MWR USERS	0700 - 2100
SAT/SUN/HOLIDAYS	0900 - 1700



Main Post Chapel



FACILITY: Main Post Chapel
7217 Radio Road, Bldg 427
POC: 531-2669

SERVICES PROVIDED:

• Catholic Mass: SAT-Confession 1630, Mass 1700; SUN-0830 confession, 0900 Mass; Weekday Mass-MON, TUE -1145; THU Hospital-1130; Confraternity of Christian Doctrine (CCD) SUN-1030; Catholic Women of the Chapel (CWOC): Wed-0900-1200.

• Protestant SUN Worship Services: 1100; Sunday School, 0930; Protestant Women of the Chapel (PWOC): TUE-0900-1200; Approved Workman Are Not Ashamed (AWANA) Age 3 to 12th grade: WED Night 1800, MPC.

• Child care provided during services





Warrior Memorial Park



FACILITY: Warrior Memorial Park
Louisiana Avenue

MONUMENTS:
GWOT, 2nd ACR, and 5th I.D., Just Cause, The Heritage Families with Diorama of Country Life

ARMORED VEHICLES:
M-4 Sherman tank, armored personnel carriers, and construction equipment, along with towed howitzers

CEREMONIES CONDUCTED ON SITE:
Army Birthday, Memorial Day,
GWOT Memorial Dedication





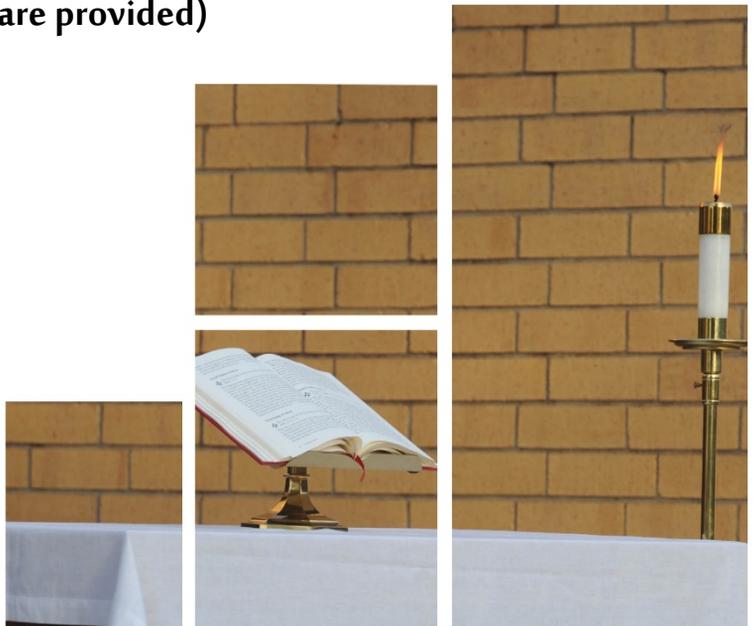
Glory Chapel



FACILITY: Glory Chapel
1168 Glory Loop
POC: 4/10 BDE Chaplain, 531-1161

SERVICES PROVIDED:

- Connection (Single Soldier Ministry): FRI 1830
- Protestant (Liturgical): SUN 0900 (child care provided)
- Gospel Service: SUN 1030 (child care provided)





BJACH Chapel



FACILITY: BJACH Chapel
1585 3rd Street, Suite 5103A
POC: BJACH Chaplain, 531-3728

SERVICES PROVIDED:

- Catholic Mass: THU 1130





Chapel Next

Contemporary Protestant Service



FACILITY: Child Development Center/ Chapel Next
7576 Colorado Avenue, Bldg 701
POC: Center Director, 531-4624

SERVICES PROVIDED:

- Chapel Next Contemporary Protestant Service

HOURS OF OPERATION:

SUN 1000





AAFES Class Six Beverage Store



FACILITY: AAFES Class Six Beverage
7733 Colorado Avenue, Bldg 7720
POC: 337-535-0456

SERVICES PROVIDED:

- A good selection of import beers.
- Wine tastings every Friday.
- Special order program for customer requests.

HOURS OF OPERATION:

MON-SAT 1000 – 1900
SUN 1000 - 1700



AAFES Main Exchange & Food Court



FACILITY: AAFES Main Exchange
7784 Colorado Avenue
POC: 337-537-1001 ext 200

SERVICES PROVIDED:

Retail Store, Outdoor Living, Garden Center, Toyland, Furniture Store, Firearm Counter, Customer Service, Western Union and On-Line Sales Centers at Customer Service Food is available at BK Express, Charley's Steakery, Anthony's Pizza, Church's Chicken, Subway, and Starbucks.

Concession shops operate in the mall area include the Beauty Shop, Barber Shop Florist, GNC, Optical, Sports Store, Tactical, Game Stop, Car Rental, Gifts and Wireless service.

HOURS OF OPERATION:

MON – SAT 0900 - 2100
SUN 1000 - 1900



AAFES North Fort Troop Store



FACILITY: North Fort Troop Store
4535 Entrance Road, Bldg 7828
POC: 531-5123

SERVICES PROVIDED:

Services based on rotational needs. Merchandise varies from toiletries, stationary, souvenirs, and snack avenue.

HOURS OF OPERATION:

MON – SAT 0700 - 2000
SUN 0900 - 1700



AAFES Express



FACILITY: Express 1
5497 Entrance Road, Bldg 5498
POC: 337-537-1050

SERVICES PROVIDED:
Merchandise varies from toiletries,
stationary, souvenirs, fuel, spirits, and
snack avenue.

HOURS OF OPERATION:
Open 24 hours / 7 Days A Week



FACILITY: Express 2
1403 Holmund Street, Bldg 5890
POC: 337-537-8865

SERVICES PROVIDED:
Merchandise varies from toiletries,
spirits, fuel, and snack avenue.

HOURS OF OPERATION:
MON-SAT 0700 – 2000
SUN 0900 - 2000



FACILITY: North Fort Express 3
2891 Chaffee Road, Bldg 7000
POC: 337-537-5234

SERVICES PROVIDED:
Merchandise varies from toiletries,
spirits, fuel, and snack avenue.

HOURS OF OPERATION:
MON-THU 0600 - 2000
FRI 0600 - 2100
SAT 0700 - 2100
SUN 0800 - 2000



AAFES Mini Mall



FACILITY: Mini Mall
2275 Louisiana Avenue, Bldg 3310
POC: 337-537-8549

SERVICES PROVIDED:

Services based on rotational needs. Merchandise varies from toiletries, fuel, beverages, and snack avenue.

HOURS OF OPERATION:

MON-FRI 0600 - 1800
SAT 1000 - 1700
SUN CLOSED

SHOPS LOCATED IN THIS BUILDING:

- Barber Shop
- Blimpie
- Firestone
- Smoothie King



AAFES Mini Mall



FACILITY: Blimpie

POC: 337-653-6034

SERVICES PROVIDED:

Freshly made sub sandwiches, soups and salads. Catering menu available.

HOURS OF OPERATION:

MON-FRI 1030 - 1600
SAT 1130 - 1500
SUN CLOSED



FACILITY: Firestone

POC: 337-537-1920

SERVICES PROVIDED:

Full service tire sales and automotive repair.

HOURS OF OPERATION:

MON-SAT 0700 – 1800
SUN CLOSED



FACILITY: Smoothie King

POC: 337-537-1500

SERVICES PROVIDED:

Freshly made fruit smoothies and healthy prepared snacks.

HOURS OF OPERATION:

MON-FRI 0730 - 1800
SAT 1000 - 1800
SUN 1100 - 1600



AAFES Pizza Hut



FACILITY:

South Fort – 2165 9th Street, Bldg 1455

POC: 337-397-4054

North Fort – 4535 Entrance Road, Bldg 7828

POC: 337-537-2400

SERVICES PROVIDED:

Services includes are dine-in, carry-out, and delivery to both North and South Fort Polk.

HOURS OF OPERATION:

SUN-THU 1000 - 2300

FRI –SAT 1000 - 0000



Barber Shops



FACILITY: Barber Shops – 4 Locations

Main Exchange:

Colorado Avenue, Bldg 850

POC: 337-535-0625

HOURS OF OPERATION

MON - SAT 0900 - 1900

SUN 1000 - 1700

Mini Mall Express:

Louisiana Avenue, Bldg 3310

POC: 337-537-1397

MON - FRI 0900 - 1700

SAT 1100 - 1500

SUN 1000 - 1700

BJACH Medical Center:

3rd Street, Bldg 258

POC: 337-531-3307

MON - SAT 0800 - 1400

SAT/SUN CLOSED

North Fort Troop:

Entrance Road, Bldg 4535

POC: 337-537-2926

MON - SAT 0900 - 1700

SUN 1100 – 1600*

* Closed on weekends when not in rotation

SERVICES PROVIDED: Military and styled haircuts.



Burger King



FACILITY: Burger King
Louisiana Avenue, Bldg 3224
POC: 337-537-3540

SERVICES PROVIDED:

Home of the Whopper. Dine-in and drive-through burgers, specialty sandwiches and salads. Breakfast and lunch / dinner menus.

HOURS OF OPERATION:

MON-FRI	0600 - 2000
SAT	1000 – 1900
SUN	1100 - 1800



Fort Polk Commissary



FACILITY: Fort Polk Commissary
7445 LA Hwy 467, Bldg 601
POC: 531-2747

SERVICES PROVIDED:

- Full Service Bakery
- Full Service Deli
- Olive Bar
- Sushi Bar
- Fruit and Veggie Trays
- Special Cut Meats
- Special Order Service

HOURS OF OPERATION:

SUN	1000 - 1800
MON	CLOSED
TUE - FRI	0800 - 2000
SAT	0900 - 2000

New Location Tentative EDOC is November 12, 2014



Hickory Smokehouse



FACILITY: Hickory Smokehouse

1803 Alabama Avenue, Bldg 1975

POC: 337-537-8900

SERVICES PROVIDED:

Dine-in, carry-out and drive through barbeque and sides. Catering available.

HOURS OF OPERATION:

MON-FRI	1100 - 1800
SAT	1100 – 1500
SUN	CLOSED



Holiday Inn Express Fort Polk – Army Hotels



FACILITY: Holiday Inn Express Fort Polk – Army Hotels
7326 Utah Avenue, Bldg 522
POC: Manager, 337-531-9200/9000

SERVICES PROVIDED:

- Continental Breakfast
MON-FRI 0600 - 0900
SAT/SUN 0700 - 1000

- BBQ
WED 1730 - 1930





Huddle House Restaurant



FACILITY: Huddle House Restaurant
7323 Utah Avenue, Bldg 503
(Across the street from the Holiday Inn Express.)
POC: Manager, 535-4754

SERVICES PROVIDED:

- Full-Service, Made-to-Order Menu
 - Breakfast
 - Lunch
 - Dinner
- Dine-In or Carry-Out

HOURS OF OPERATION:

SUN-THU 0600 - 2300
FRI/SAT 24 hours



Mulligan's Restaurant Bar & Grill



FACILITY: Mulligan's Restaurant, Bar & Grill
1321 Corps Road, Bldg 352
POC: Manager, 531-7668

SERVICES PROVIDED:

- Full Made-to-Order Sandwich and Salad Menu
- Daily Specials
- Dine-In or Carry-Out
- Limited Catering

HOURS OF OPERATION:

Lunch	MON-FRI	1100 - 1400
Dinner	TUE/THU/FRI	1600 - 1900
	WED	1600 - 2000
	SAT/SUN	1030 - 1900
Bar	THU-FRI	1630 - 1900
	SAT/SUN	1030 - 1900



Thrift Shop



FACILITY: Thrift Shop

Alabama Avenue, Bldg 2201

POC: 537-0459

SERVICES PROVIDED:

A non-profit organization operated by volunteers. The Thrift Shop takes consignment (or donated items) for resale. All monetary gains are donated to local organizations.

HOURS OF OPERATION:

TUE/THU 0930 - 1630

Every 3d WED 0930 - 1400

Every 1st SAT 0930 - 1330

The Thrift Shop donates \$10,000.00 annually to college scholarships.



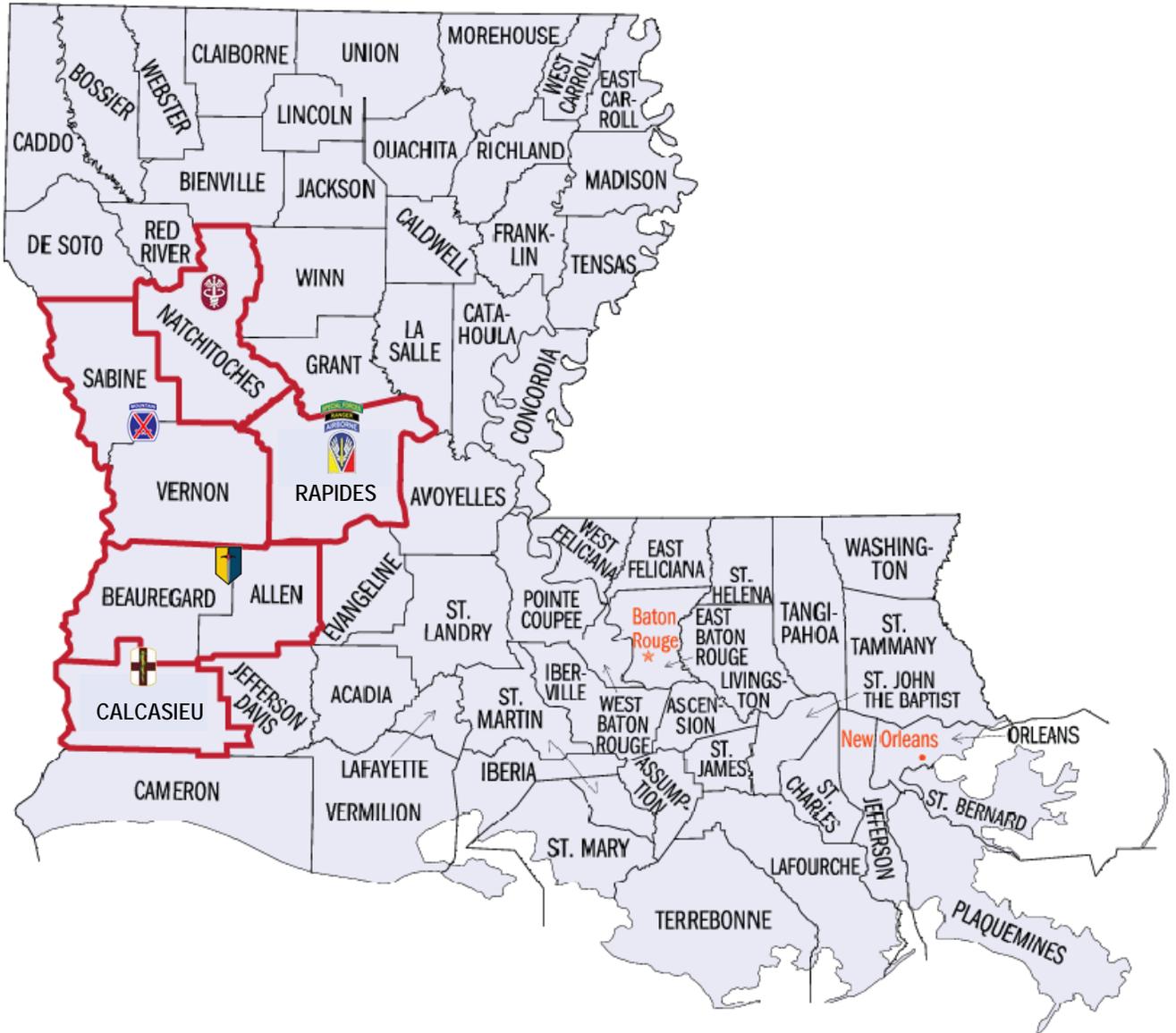
Fort Polk Directory

Post Directory	Numbers (337)	Post Directory Continued	Numbers2 (337)
1st MEB Fitness Center	531-1898	Pizza Hut	537-2400
162nd Gym & Rec Center	653-3719	Poison Control	1-800-256-9822
Allen Memorial Library	531-2665	Post Exchange	537-1001
Alligator Lake Rec Center	531-5350	Post Office	537-5569
American Red Cross	531-4783	Public Affairs Office PAO	531-7203
Army Community Service ACS	531-1941	Religious Support Services	531-4228
Army Emergency Relief AER	531-1957	Relocation Assistance Program	531-6923
Army Family Team Building	531-6269	Sabine State Bank	537-3421
Arts & Crafts Center	531-1980	School Liaison	531-9481
Auto Skills Shop	531-6149	Sexual Assault/Assault Response	531-1848
BOSS	531-1948	Shooting/Paintball Complex	531-7552
Barksdale Federal Credit Union	653-1000	Social Work Services	531-3272
Bayne Jones Army Community Hospital	531-3118/3119	Showboat Theater	531-2337
BJACH Appointment Line	531-3011	Soldier & Family Assistance Center	531-7270
Bayou Theater	537-1730	South Polk Elementary (2-4)	537-8120
Cantrell Fitness Center	531-1935	Spare Time Lounge	531-8139
Civilian Personnel Advisory Center	531-1840	Splash Park	531-1988/6785
Commissary	531-6132	Strike Zone Bowling Center	531-6273
CYSS Parent Central Services	531-1955	Swimming Pools	531-1988
DEERS In-Out Processing ID Center	531-1891	Tax Assistance Office	531-1040
Education Center	531-0675/5517	Thrift Shop	537-0459
Family Readiness Center FRC	531-9426	Toledo Bend Recreation Site	1-888-718-9088
Game Warden Office	531-5715	Transportation/Household Goods	531-7098
Go Cart Track	531-5481/5468	TRICARE	1-800-444-5445
Guardian (Fort Polk Newspaper)	531-4033	Visitors Center	531-0380
Hope Line	531-4673	Veterinary Clinic	531-1322
Huddle House	535-4754	Warrior Community Center	531-4440
Holiday Inn Express	531-9000	Warrior Hills Golf Course	531-1982
Home of Heroes Recreation Center	531-5870	Wheelock Fitness Center	531-6795
INFORMATION	531-2911	Youth Sports	531-2350
Intramural Sports	531-2056	Youth Services/MST	531-1991/1992
Legal Assistance Office	531-2580	Fire-Police-Ambulance	911
Leisure Travel	531-2728		
Lemon Lot	531-1948		
Library	531-2665		
Main Post Chapel	531-2822/2669		
Military Police	531-2677		
Military One Source	1-800-342-9647		
Miniature Golf Course	531-5481/5468		
Mulligan's Restaurant	531-7668		
MWR Rental Center	531-8312		
Non-Appropriated Funds Office	531-6301/6631		
North Polk Elementary (K-1)	531-5109		
Passport Office	531-1934		
Corvias Military Living	537-5000		





Unit/Communities Alignment Annex A



4/10 BCT

**Vernon &
Sabine Parishes**



1st MEB

**Beaugard
& Allen Parishes**



115th CSH

Calcasieu Parish



OPS GRP

Rapides Parish



MEDDAC/DENTAC

**Natchitoches Parish &
VA Medical Center (Rapides Parish)**



JRTC & Fort Polk

FY 13 Economic Impact

ANNUAL ECONOMIC IMPACT		1,755,693,993
Pay		1,028,764,804
Military Pay		494,869,803
Civilian Pay		138,584,041
DOD Organizations	119,609,860	
Tenants	11,286,046	
Partners	4,386,190	
Centrally funded Contracts	3,301,945	
Military Retiree Pay		309,725,316
Civilian Retiree Pay		85,585,644
Contracts		564,294,808
Service Contracts		332,516,665
DOD Organizations	297,920,157	
Tenants	11,395,392	
Partners	7,899,338	
Centrally funded Contracts	15,301,778	
Construction Contracts (excludes MILCON)		231,778,143
DOD Organizations	198,526,364	
Tenants	10,797,442	
Partners	22,454,337	
Supplies & Equipment		62,922,770
DOD Organizations	50,014,773	
Tenants	3,672,649	
Partners	4,220,348	
Centrally funded Contracts	15,000	
Leases		1,919,111
Utilities		35,646,024
Impact Aide for Local Schools (FY12-13 School Year)		6,137,145
Tuition Assistance		1,594,808
Timber Sales		550,115
Purchased Care (Tricare)		36,172,451
Land Purchase Transactions		16,840,000
Army Compatible Use Buffer (ACUB) Transactions		851,957



JRTC & Fort Polk

FY 14 Population

POPULATION – MILITARY		7,766
Active Duty (On Post)	7,610	
Active Duty (Off Post)	45	
Reserve Component	111	
ACTIVE DUTY DEPENDENTS		12,909
CIVILIAN EMPLOYEES		6,214
DA Civilians, NAF & Other Civilians	3,202	
Contractors	3,012	
RETIRED MILITARY PERSONNEL (within 40 miles)		12,265
Retirees-DOD	2,700	
Retiree Family Members	9,565	
RETIRED DOD CIVILIAN PERSONNEL (within 40 miles)		3,299
Retirees-DOD	2,650	
Retirees Survivors	649	
RESERVE COMPONENTS, ROTC (Trained)		402
ROTC, National Guard, Army Reserve, Marine Corps Reserve, United States Coast Guard and United States Air Force		
TRANSIENT AND ROTATIONAL (Average Daily Load) w/Rotational Civilians		3,487

Data Source: ASIP FY13 Q4 locked data 20131031

TRAINING CENTER OF EXCELLENCE	STRATEGIC DEPLOYABILITY FORSCOM UNITS					
 JRTC Operations Group 1,127	 1 BCT 10th MTN Division 3,718	 1st Maneuver Enhancement Brigade 1,875	 115th Combat Support Hospital 253	 US Army Garrison/ MSE 292	 Dental Activity 29	 Medical Activity 316
	Data Source: G1 Weekly Installation Strength Report dated 20140922					



JRTC & Fort Polk

FY 13 Installation Assets

Land	
US Army Owned	123,002
US Forest Service Owned	98,125
Intensive Use	40,481
Special Use	12,820
Limited Use	44,824
Facilities	
Installation Buildings – (2,431 Bldgs)	15.9M Sq Ft
World War II (WWII) Buildings – (106 Bldgs)	287.5K Sq Ft
Housing & Quarters (Capacity)	
Family Housing	3,570 Units
Senior Bachelor Quarters	110 Units
Single Soldier Quarters	4,248 Bed Spaces
Infrastructure	
Electrical Distribution System	729 Miles
Overhead Electrical System	503 Miles
Underground Electrical Lines	226 Miles
Natural Gas Distribution System	118 Miles
Sewage Collection System	138 Miles
Storm Drainage System	178 Miles
Water Storage Tank Capability	7.6M Gals
Potable Water Lines	184 Miles
Improved Roads	320 Miles
Unimproved Roads	704 Miles
Railroad Lines	12.7 Miles
Airfield Pavement	323K Sq Yd
Vehicle Driveways, Parking, Sidewalks	3.02M Sq Yd
Traffic	
Access Control Points (ACPs)	7 Ea
Cars In/Out each Work Day (Daily Average)	15,636
Visitor Passes	167,241

