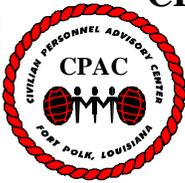




**JOINT READINESS TRAINING CENTER AND FORT POLK
CPAC, NON-APPROPRIATED FUND (NAF)
FORT POLK, LOUISIANA 71459-5341**



*“ARMY CIVILIAN PERSONNEL PROFESSIONALS--
HELPING LEADERS MEET THE MISSION”*



NAF NEWS BULLETIN
NUMBER 5

OCTOBER 2001

**2001 NAF EMPLOYEES
BENEFITS OPEN SEASON**



Open Season for the Nonappropriated Fund (NAF) Medical, Dental and Life Insurance Program is from 22 October 2001 through 16 November 2001. Open Season materials are being sent by

direct mail to the home of record for each eligible employee. The materials were mailed to arrive at the home addresses a week to 10 days prior to the start date of 22 October 2001. The booklet provides cost information for all Health Benefit Options and Life Insurance Program Options. Additionally, each regular Army NAF Employee will receive a copy of the Employee Benefits Brochure, which gives a brief description of the features of the benefits plan.



During Open Season, any eligible (Part Time, Full Time) NAF employee may enroll in any of the above programs or make changes to their current enrollment, i.e., add or delete dental coverage, add dependant coverage, elect basic or optional life insurance.



The cost of the DoD NAF Health Benefits Plan Premiums (DODHBP) will change in the calendar year 2002. Changes made during this Open Season period will be effective 1 January 2002.

DODHBP BI-WEEKLY CONTRIBUTIONS ARE:

Single Med. No Dental \$37.83
Family Med. No Dental \$88.01

Single Med. With Dental \$40.71
Family Med. With Dental \$94.81



During Open Season this year, the benefit program election and changes are available as follows:

- a. Enroll in or make changes to Health Insurance coverage without restriction.
- b. Join the Life Insurance and Accidental Death & Dismemberment Plan.
- c. If employees have elected Basic Life Insurance, they will be able to purchase additional optional Life Insurance or increase dependent life insurance coverage for spouse and children.
- d. Decline the feature of the health insurance plan that allows employees to pay the employee share of the premium with pre-tax dollars.
- e. And, although not restricted to Open Season, one may also enroll in the 401(k) Savings Plan and Retirement Plan and update beneficiaries and mailing address.



For further information concerning this bulletin, one may contact the Civilian Personnel Advisory Center, NAF Branch, telephone 531-4955/6631/4906 or consult the web site at www.NAFBENEFITS.com.

CONTENT

THOUGHT FOR THE DAY

The following was in the Dear Abby column in the Leesville Daily Leader, Friday, 19 October 2001 edition. It is thought provoking and worth sharing.

Be careful of your thoughts, for your thoughts become your words.
Be careful of your words, for your words become your actions
Be careful of your actions, for your actions become your habits
Be careful of your habits, for your become your character
Be careful of your character, for your character becomes your destiny

AUTHOR UNKNOWN



ARTICLES FOR BULLETIN

If you have suggestions, topics or articles that you would like addressed in future bulletins, submit them to:

Civilian Personnel Advisory Center
NAF Branch
ATTN: Bill R. Chance
7041 Radio Road
Fort Polk, LA 71459

Or you can call 531-4955/6631. If at all possible, suggested topics will be addressed.

//ORIGINAL SIGNED//
DONALD R. MALLETT
Director, Civilian Personnel
Advisory Center

