



**Media Packing List for coverage of JRTC at  
Fort Polk, La**



2 sets of rugged long pants and 2 long sleeved shirts  
(neutral colors ie. Brown, black, blue, green)  
Boots or Hiking Boots or rugged-wear shoes  
Cotton T-shirts (green, brown, black)  
Socks  
Cap  
Jacket  
Underwear  
Belt  
Rain jacket and pants  
Waterproof bag  
Backpack  
Laundry Bag  
Towels (2)  
Washcloths (2)  
Notepad, pens, recorders  
Sunscreen  
Mosquito spray  
gloves  
Blanket (neutral cover)  
Canteen  
Canteen cup  
Stamped Envelopes  
Sewing Kit  
Extra Toilet articles - Personal Hygiene Products, durable razor w/replacement blades,  
shaving cream, toothbrush, shampoo, soap, toothpaste, foot powder, mirror, brush  
First Aid Kit  
Flash light with red lens (for field overnight)  
Calling card  
Non-perishable snacks